

COU180

Therapeutic Communication Skills

School: School of Law and Society

2022 | Semester 1

UniSC Sunshine Coast
UniSC Moreton Bay
UniSC Fraser Coast

**BLENDED
LEARNING**

Most of your course is on campus but you may be able to do some components of this course online.

Online

ONLINE

You can do this course without coming onto campus.

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

This course introduces you to the skills and process of communication skills within a therapeutic setting. It concentrates on the theory and practice of developing a therapeutic relationship from a humanistic perspective using micro-skills. It considers issues impacting on engagement, such as diversity, and online delivery. Framed in counselling, the skills taught relate to relationship building and communication in many interpersonal contexts within a therapeutic setting, specifically aimed at health care workers.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Learning materials – Online learning activities embedded in the student learning management system.	1hr	Week 1	13 times
Tutorial/Workshop 1 – On campus, experiential tutorials aimed at practicing the knowledge and skills presented within the online learning materials.	2hrs	Week 1	10 times
Seminar – Online zoom seminars aimed at providing information around academic skills and information on assessments.	2hrs	Throughout teaching period (refer to Format)	3 times
ONLINE			
Learning materials – Online learning activities embedded in the student learning management system.	1hr	Week 1	13 times
Tutorial/Workshop 1 – Online, interactive zoom tutorials aimed at practicing the knowledge and skills presented within the online learning materials.	2hrs	Week 1	10 times
Seminar – Online zoom seminars aimed at providing information around academic skills and information on assessments.	2hrs	Throughout teaching period (refer to Format)	3 times

1.3. Course Topics

- The Therapeutic Relationship
- Joining & Listening
- Reflection of Content & Feeling
- Use of Questions
- Summarising and Ending
- Ethics and Diversity
- Professional Considerations (including Self Care)
- Online Therapeutic Communication Skills
- Promoting Change
- APA7 formatting/Research for academic writing

2. What level is this course?

100 Level (Introductory)

Engaging with discipline knowledge and skills at foundational level, broad application of knowledge and skills in familiar contexts and with support. Limited or no prerequisites. Normally, associated with the first full-time study year of an undergraduate program.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES		GRADUATE QUALITIES
On successful completion of this course, you should be able to...		Completing these tasks successfully will contribute to you becoming...
1	Demonstrate skill and growth in self-reflection and self-awareness.	Creative and critical thinker
2	Identify and critically analyse therapeutic communication skills and ethical practice within a counselling context.	Knowledgeable Ethical
3	Demonstrate developing academic writing skills, including the application of APA7 conventions.	Knowledgeable
4	Identify ethical practices and standards within various therapeutic environments.	Knowledgeable Ethical
5	Comprehend and apply academic scholarship.	Knowledgeable

5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1. Pre-requisites

Not applicable

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

SCS180

5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

6. How am I going to be assessed?

6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

6.2. Details of early feedback on progress

Formative (non-graded) online quiz on APA formatting and researching for academic writing will be made available to provide feedback on your understanding of these two important aspects of academic learning. Further resources and support will be accessible where desired/required.

Timely and detailed feedback is provided for each assessment. Feedback is provided both within text and general comments to build scholarly skills. Students are able to seek feedback through face-to-face discussion with the course coordinator. Tutorials will include extended discussion and review of the assessment task requirements and scope and 'drop-in' zoom information sessions will be made available closer to the assessment due dates.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Plan	Individual	30%	850 words	Week 7	Online Assignment Submission with plagiarism check
All	2	Essay	Individual	40%	2000 words	Week 12	Online Assignment Submission with plagiarism check
All	3	Examination - Centrally Scheduled	Individual	30%	60 questions	Exam Period	Online Test (Quiz)

All - Assessment Task 1: Essay plan

GOAL:	The goal of this assessment task is to create an essay plan, which is an outline of what will be discussed in your essay (Assessment Task 2), including relevant and appropriate suggestions for supporting academic references. Feedback will be provided to assist you in completing Task 2.					
PRODUCT:	Plan					
FORMAT:	850-word outline plus reference list (reference list not included in word count). The video demonstration of a counselling session, (which is to be critiqued in your Assessment Task 2), will be available on Canvas for preview. The feedback you receive on your essay plan will help you further plan for the critical analysis essay (Assessment Task 2) and facilitate feedback on the application of APA formatting and researching skills demonstrated.					
CRITERIA:	No.					Learning Outcome assessed
	1	Demonstration of knowledge: Addressing the nature and scope of the critique				3 5
	2	Demonstration of academic research skills: Evidence of sound research and accurate and appropriate references of sources				3 5
	3	Demonstration of academic writing skills: Clarity of expression and correct use of grammar, punctuation and spelling.				5

All - Assessment Task 2: Critical Analysis Essay

GOAL:	The purpose of this task is to analyse and critique a pre-recorded demonstration of micro-skills as shown within a therapeutic session. Ethical and diversity considerations also need to be examined, including evidence of reflection regarding the therapeutic relationship.					
PRODUCT:	Essay					
FORMAT:	2000 word written critique of the micro-skills demonstration, linking observations of the skills, and their outcomes, to the principles of person centred counselling. Formal essay style required including a title page, introduction and conclusion. Appropriate attribution to academic reference sources remains essential to avoid plagiarism. Accurate application of APA formatting to the submitted paper and the use of appropriate academic sources to support your arguments.					
CRITERIA:	No.					Learning Outcome assessed
	1	Demonstration of skills and growth in self-reflection and self-awareness.				1
	2	Knowledge and awareness of ethical practices and diversity considerations within the therapeutic relationship.				2 4
	3	Accuracy of grammar, punctuation, spelling, referencing and word limit. Accuracy of application of APA7 formatting and appropriate academic reference sources.				3 5

All - Assessment Task 3: Online Test

GOAL:	You will demonstrate understanding of basic counselling theoretical frameworks and related skills, as presented during weeks 1 to 13		
PRODUCT:	Examination - Centrally Scheduled		
FORMAT:	Online test - 60 questions		
CRITERIA:	No.		Learning Outcome assessed
	1	Accuracy and correctness of responses.	2 4 5
	2	Assessment criteria are mapped to the course learning outcomes.	1 4

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

7.1. Schedule

PERIOD AND TOPIC	ACTIVITIES
Week 1	Introduction
Week 2	The Therapeutic Relationship
Week 3	APA7 formatting/Research for academic writing
Week 4	Joining & Listening
Week 5	Reflection of Content
Week 6	Reflection of Feeling
Week 7	Use of Questions
Week 8	Summarising and Ending
Week 9	Ethics
Week 10	Diversity
Week 11	Professional Issues & Self Care
Week 12	Online Therapeutic Communication Skills
Week 13	Promoting Change

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	EDITION	PUBLISHER
Required	David Geldard,Kathryn Geldard,Rebecca Yin Foo	2017	Basic Personal Counselling: A Training Manual for Counsellors	8th	Cengage AU

8.2. Specific requirements

Nil

9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

The final mark is in the percentage range 47% to 49.4%

The course is graded using the Standard Grading scale

You have not failed an assessment task in the course due to academic misconduct.

10.3. Assessment: Submission penalties

Late submission of assessment tasks may be penalised at the following maximum rate:

- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.

- 10% (of the assessment task's identified value) for the third day - 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.

- A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task. Weekdays and weekends are included in the calculation of days late. To request an extension you must contact your course coordinator to negotiate an outcome.

10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: [07 5430 1168](tel:0754301168) or using the [SafeZone](#) app. For general enquires contact the SafeUniSC team by phone [07 5456 3864](tel:0754563864) or email safe@usc.edu.au.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call [07 5430 1226](tel:0754301226) or email studentwellbeing@usc.edu.au.

10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.10. General Enquiries

In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au