

COU304

Counselling Placement and Development 2

School: School of Law and Society

2025 Semester 1

 UniSC Sunshine Coast
UniSC Moreton Bay

 BLENDED
LEARNING

Most of your course is on campus but you may be able to do some components of this course online.

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

This course extends on the personal exploration of counselling values, theories, knowledge and skills and their integration into further practice in a safe, supportive and supervised setting, which will include clinical practice supervision. In preparation for practice, you will identify and develop further skills appropriate to core theoretical approaches in counselling and supervision to enable you to describe, analyse and utilise these skills on placement. Counselling methods continue to be experienced, knowledge and theories continue to be applied, and further skills developed. This course has a focus on assuring your skills as a reflective practitioner.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Tutorial/Workshop 2 – Mandatory pre-placement workshop to attend prior to semester commencing	3hrs	Pre-semester/trimester/session	Once Only
Placement – Accumulate 250 hours, including 20 client contact hours supported by clinical supervision	250hrs	Throughout teaching period (refer to Format)	Once Only
Learning materials – 1 hour online asynchronous learning activities design to delivery curricula for the week, including recorded lectures, videos, websites, interactive activities and online discussions.	1hr	Week 1	11 times
Tutorial/Workshop 1 – weekly 2 hour on campus tutorial designed to consolidate learning and provide opportunity for group to critically discuss ethical dilemmas they are having to consider in current placement.	2hrs	Week 1	11 times

1.3. Course Topics

Counselling topics relevant to direct clinical practice and for incorporation into counselling placement agency settings to enhance development as an emerging counsellor, demonstrating cultural competence, awareness of common counselling client presentations, application of evidence-based practice, risk assessment competency and development of a professional practice framework.

2. What level is this course?

300 Level (Graduate)

Demonstrating coherence and breadth or depth of knowledge and skills. Independent application of knowledge and skills in unfamiliar contexts. Meeting professional requirements and AQF descriptors for the degree. May require pre-requisites where discipline specific introductory or developing knowledge or skills is necessary. Normally undertaken in the third or fourth full-time study year of an undergraduate program.

3. What is the unit value of this course?

24 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...
1 Extend on beginning skills in developing a critically reflective practice by reflecting on skills learnt as a result of the 2 x practicums that were outside of the curriculum	Knowledgeable Creative and critical thinker
2 Recognise principles and competencies required in supervision practices. Assess and identify ways of building a strong supervisee/supervisor relationship in a second setting, as well as building strong relationships with existing and new colleagues in the second agency as well as on campus.	Empowered Sustainability-focussed
3 Describe the professional, ethical and legal issues in practice and of your own ethical behaviour, within the setting of your second agency, including the continuing importance of self care	Ethical
4 Continue to apply the values and ethical principles of counselling according to UniSC Student Code of Conduct, Student Placement Agreement and ACA and PACFA Codes of Ethics, always acting in a professional manner.	Ethical
5 Demonstrate respect and valuing others with an advanced understanding of and sensitivity towards the issue of cultural diversity, gender and disability.	Ethical Sustainability-focussed
6 Demonstrate graduate level academic reflective skills in oral and written format, and compliance with accepted APA 7th ed. conventions	Sustainability-focussed

5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1. Pre-requisites

COU303

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

COU362 and COU364

5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

6. How am I going to be assessed?

6.1. Grading Scale

Limited Grading (PNP)

Pass (PU), Fail (UF). All assessment tasks are required to be passed for successful completion of the course.

6.2. Details of early feedback on progress

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Oral	Group	30 mins	Refer to Format	In Class
All	2	Activity Participation	Individual	100 words each reflection	Refer to Format	Online Assignment Submission with plagiarism check
All	3	Artefact - Professional, and Written Piece	Individual	1500 words	Refer to Format	Online Assignment Submission with plagiarism check
All	4	Artefact - Professional	Individual	250 placement hours	Refer to Format	SONIA

All - Assessment Task 1: Placement Presentation

GOAL:	Delivery of a group (3/4 students per group) oral presentation. Using a hypothetical or de-identified client from one student placement formulate and present a case conceptualisation using the 5 p's. Describe your intervention plan, highlighting appropriate counselling theories and rational, ethical and cultural considerations and other relevant policies, acts, legislation that inform your placement practice. Demonstrate critical thinking in relation to personal and professional development and the role of supervision.																
PRODUCT:	Oral																
FORMAT:	<p>Submit weeks 7-11 in class</p> <p>The oral presentation will be 30 minutes with 3-4 students per group and must include:</p> <ul style="list-style-type: none"> a) Presentation of a client case conceptualisation using the 5 p's b) Identification of client counselling goals and intervention planning c) Counselling theories, methods and skills required to work with client and rational d) Ethical, legal, and any other relevant policies requiring consideration e) Cultural competence f) The role of supervision and professional development reflection 																
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GENERIC SKILLS:	Communication, Collaboration, Information literacy																

All - Assessment Task 2: Online Discussion Participation

GOAL:	Weekly critically reflective contributions to online discussion topics informed from supervision workshop content.													
PRODUCT:	Activity Participation													
FORMAT:	Following each on campus tutorial, the course coordinator will include a related question in the online LMS, inviting the student to reflect on their response, informed from both their experience and the literature.													
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GENERIC SKILLS:	Communication, Applying technologies													

All - Assessment Task 3: Service Design Plan

GOAL:	This task will assist students to recognise how to appropriately plan for service design to meet client requirements. Students will apply in practice the ACA and PACFA Codes of Ethics and legislation relevant to their client cohort to ensure the provision of ethical and professional counselling service delivery..																
PRODUCT:	Artefact - Professional, and Written Piece																
FORMAT:	<p>Submit week 16</p> <p>Write a 1500-word plan forming the theoretical foundations for establishing a counselling service for an agency for a vulnerable group e.g., domestic violence service, refugee trauma, children or youth counselling service, former veterans counselling service. This essay includes 3 parts.</p> <p>Part A: Introduce the target client population, its features and contexts, risk factors, strengths, and vulnerabilities (500 words).</p> <p>Part B: Identify and discuss legislation, ethics, and principles that have impacted and/or are relevant for your client group. Identify services relevant for collaboration and networking (500 words).</p> <p>Part C: Discuss what might be needed in setting up the service and ensuring it is appropriate for the selected client group (e.g. client recruitment, service design, counsellor preparation, intake, assessment and record keeping in setting up the service). (500 words).</p>																
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GENERIC SKILLS:	Communication, Problem solving																

All - Assessment Task 4: Placement Portfolio

GOAL:	Undertake 250 verifiable hours of professional practice in a human services agency, including 20 hours of direct client contact, complying with codes of ethics and conduct, articulate a typical client case using accepted case conceptualisation model (e.g 5Ps) with Clinical Supervisor. A breach of Code of Conduct will result in a fail grade for this Course.	
PRODUCT:	Artefact - Professional	
FORMAT:	Your 250 hours to be recorded on the Activities Log in SONIA and approved by your agency Supervisor. Your MID semester Learning Agreement (Week 6-8) Your FINAL semester Learning Agreement week 12-14). Internship Assessment Report (week 12-14). Written copy of case conceptualisation presented to Clinical Supervisor.	
CRITERIA:	No.	Learning Outcome assessed
	1	Behaviour that is in accordance with the professional associations code of ethics and conduct; UniSC Student code of conduct; and the agency's own code of conduct
	2	MID semester learning agreement is signed off by agency supervisor and field education officer
	3	END semester learning agreement is signed off by agency supervisor and field education officer
	4	Internship Assessment Report completed and indicates competencies and values have been acceptable.
	5	Written copy of the case conceptualisation, presented to clinical supervisor, is included.
	6	A letter from your therapist evidencing you have accumulated a minimum of 20 personal therapy hours during the duration of your program
	7	A minimum of 250 hours has been logged in Sonia, and signed off by the agency supervisor
GENERIC SKILLS:	Communication, Collaboration	

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	EDITION	PUBLISHER
Recommended	Sweitzer, H.F., & King, M.	0	The successful Internship	n/a	n/a
Recommended	Shannon Hodges	0	The counselling practicum and internship manual	n/a	n/a

8.2. Specific requirements

You will accumulate 20 hours of direct client contact and 9 hours of clinical supervision, within 250 agency placement relevant hours, as per the professional association training standards.

9. How are risks managed in this course?

Risk assessments have been performed for all field activities and a low level of health and safety risk exists. Some risks concerns may include working in an unknown environment as well as slip and trip hazards. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

This course will be graded as Pass in a Limited Grade Course (PU) or Fail in a Limited Grade Course (UF) as per clause 5.1.1.3 and 5.1.1.4 of the Grades and Grade Point Average (GPA) - Academic Policy.

In a course eligible to use Limited Grades, all assessment items in that course are marked on a Pass/Fail basis and all assessment tasks are required to be passed for a student to successfully complete the course. Supplementary assessment is not available in courses using Limited Grades.

10.3. Assessment: Submission penalties

You must contact your Course Coordinator and provide the required documentation if you require an extension or alternate assessment.

Refer to the Assessment: Courses and Coursework Programs – Procedures.

10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: [07 5430 1168](tel:0754301168) or using the [SafeZone](#) app. For general enquires contact the SafeUniSC team by phone [07 5456 3864](tel:0754563864) or email safe@usc.edu.au.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call [07 5430 1226](tel:0754301226) or email studentwellbeing@usc.edu.au.

10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.10. General Enquiries

In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au