

HLT200 Midwifery Care Across the Continuum

School: School of Health - Midwifery

2026 | Trimester 1

UniSC Sunshine Coast

**BLENDED
LEARNING**

Most of your course is on campus but you may be able to do some components of this course online.

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

This course develops essential knowledge required to provide midwifery-led care across the continuum. The emphasis is on the role of the midwife in promoting and supporting physiology and providing woman-centred, evidence-based care. Effective communication skills will be developed and an understanding of psycho social, cultural and emotional influences on pregnancy birth and the postnatal transition will be explored.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Learning materials – Online asynchronous learning and teaching recording	1hr	Week 1	12 times
Tutorial/Workshop 1 – On campus tutorial	2hrs	Week 1	12 times

1.3. Course Topics

Module 1: Pregnancy and antenatal care

Module 2: Labour, birth and intrapartum care

Module 3: Postnatal period and postpartum care

Module 4: Common variations

2. What level is this course?

200 Level (Developing)

Building on and expanding the scope of introductory knowledge and skills, developing breadth or depth and applying knowledge and skills in a new context. May require pre-requisites where discipline specific introductory knowledge or skills is necessary. Normally, undertaken in the second or third full-time year of an undergraduate programs.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES MAPPING	PROFESSIONAL STANDARD MAPPING *
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...	Nursing and Midwifery Board of Australia
1 Advocate for the rights of women to participate in their care and provide adequate information to assist their informed decision-making.	Empowered	1.1, 2.1, 2.2
2 Apply professional, ethical and legal codes and standards to midwifery care.	Ethical	2.3, 2.4, 3.1, 3.2
3 Interpret and use evidence as a basis to inform midwifery practice.	Creative and critical thinker	1.1, 1.2, 7.2
4 Promote and protect physiology throughout the childbearing continuum for women and their infants.	Empowered	1.7, 7.2
5 Apply the principles and practices of academic writing and referencing.	Creative and critical thinker	1.2, 1.6
6 Reflect on knowledge and skills relating to resilience, self-care, mitigation of personal risk, to sustain midwifery practice	Empowered Sustainability-focussed	

* Competencies by Professional Body

CODE	COMPETENCY
NURSING AND MIDWIFERY BOARD OF AUSTRALIA	
1.1	The midwife identifies what is important to women as the foundation for using evidence to promote informed decision-making, participation in care, and self-determination
1.2	The midwife accesses, analyses, and uses the best available evidence, that includes research findings, for safe, quality midwifery practice
1.6	The midwife supports the development, implementation and evaluation of evidenced-based health initiatives and programs
1.7	The midwife identifies and promotes the role of midwifery practice and the midwifery profession in influencing better health outcomes for women
2.1	The midwife supports the choices of the woman, with respect for families and communities in relation to maternity care
2.2	The midwife partners with women to strengthen women's capabilities and confidence to care for themselves and their families
2.3	The midwife practises ethically, with respect for dignity, privacy, confidentiality, equity and justice
2.4	The midwife practises without the discrimination that may be associated with race, age, disability, sexuality, gender identity, relationship status, power relations and/or social disadvantage
3.1	The midwife understands their scope of practice
3.2	The midwife practises within relevant legal parameters and professional standards, codes and guidelines
7.2	The midwife revises plan and actions based on evidence and what is learned from evaluation

5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of "pre-requisites, co-requisites and anti-requisites".

5.1. Pre-requisites

(HLT100 or LFS112) and HLT132 and enrolled in Program SC393 OR

5.2. Co-requisites

HLT121 and HLT132 for students who have received RN pathway credit

5.3. Anti-requisites

HLT122

5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

6. How am I going to be assessed?

6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

6.2. Details of early feedback on progress

In week 4 students will complete Task 1 which will provide early feedback on their progress within the course and assist with preparation for Task 2 and Task 3.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Case Study	Individual	15%	750 words	Week 4	Online Assignment Submission with plagiarism check
All	2	Written Piece	Individual	40%	1500 words	Week 8	Online Assignment Submission with plagiarism check
All	3	Examination - not Centrally Scheduled	Individual	45%	1 hour	Week 12	In Class

All - Assessment Task 1: Case Study

GOAL:	Revise key concepts introduced in the first 4 weeks of the course and prepare for Assessment Task 2 and Task 3.																
PRODUCT:	Case Study																
FORMAT:	You will choose a case study from the options provided on Canvas. Details regarding the assessment will be provided by the course coordinator on the course Canvas site.																
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th></th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Promotion and protection of physiology</td> <td>4</td> </tr> <tr> <td>2</td> <td>Interpretation and use of relevant evidence as a basis to inform midwifery practice</td> <td>3</td> </tr> <tr> <td>3</td> <td>Provide adequate information to assist decision making</td> <td>1 2 3</td> </tr> <tr> <td>4</td> <td>Demonstrate appropriate written expression (academic writing, terminology and referencing, etc.)</td> <td>5</td> </tr> </tbody> </table>	No.		Learning Outcome assessed	1	Promotion and protection of physiology	4	2	Interpretation and use of relevant evidence as a basis to inform midwifery practice	3	3	Provide adequate information to assist decision making	1 2 3	4	Demonstrate appropriate written expression (academic writing, terminology and referencing, etc.)	5	
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4	Demonstrate appropriate written expression (academic writing, terminology and referencing, etc.)	5															
GENERIC SKILLS:	Communication, Problem solving, Information literacy																

All - Assessment Task 2: Analysis of evidence-based midwifery practice

GOAL:	Analyse and apply theory and evidence to support midwifery practice																		
PRODUCT:	Written Piece																		
FORMAT:	You will choose a specific aspect of midwifery practice from the options provided on Canvas). Details regarding the assessment will be provided by the course coordinator on the course Canvas site.																		
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GENERIC SKILLS:	Information literacy																		

All - Assessment Task 3: In-class Assessment

GOAL:	Demonstrate knowledge and application of evidence-based midwifery practice across the continuum of care.																		
PRODUCT:	Examination - not Centrally Scheduled																		
FORMAT:	Details regarding the assessment will be provided by the course coordinator on the course Canvas site.																		
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GENERIC SKILLS:	Communication, Problem solving, Information literacy																		

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	EDITION	PUBLISHER
Required	Sally Pairman,Sally K. Tracy,Hannah G. Dahlen,Lesley Dixon, PHD, RM	2023	Midwifery Preparation for Practice	5th	Elsevier
Required	Nicky Leap,Billie Hunter	2022	Supporting Women for Labour and Birth: A thoughtful guide	2nd	Routledge
Required	Lily Nichols	2018	Real Food for Pregnancy	n/a	Lily Nichols
Required	Maria Pollard	2017	Evidence-based Care for Breastfeeding Mothers	n/a	Routledge
Required	Roslyn Donnellan - Fernandez,Maryam Bazargan,Clare Davison,Michelle Gray,Kirsten Small	2024	Pharmacology in Midwifery	n/a	Elsevier

8.2. Specific requirements

Not applicable

9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

- (a) The final mark is in the percentage range 47% to 49.4%; and
- (b) The course is graded using the Standard Grading scale

10.3. Assessment: Submission penalties

Late submissions may be penalised up to and including the following maximum percentage of the assessment task's identified value, with weekdays and weekends included in the calculation of days late:

- (a) One day: deduct 5%;
- (b) Two days: deduct 10%;
- (c) Three days: deduct 20%;
- (d) Four days: deduct 40%;
- (e) Five days: deduct 60%;
- (f) Six days: deduct 80%;
- (g) Seven days: A result of zero is awarded for the assessment task.

The following penalties will apply for a late submission for an online examination:

- Less than 15 minutes: No penalty
- From 15 minutes to 30 minutes: 20% penalty
- More than 30 minutes: 100% penalty

10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: [07 5430 1168](tel:0754301168) or using the [SafeZone](#) app. For general enquires contact the SafeUniSC team by phone [07 5456 3864](tel:0754563864) or email safe@usc.edu.au.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call [07 5430 1226](tel:0754301226) or email studentwellbeing@usc.edu.au.

10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.10.General Enquiries

In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au