

# LFS112 Human Physiology

School: School of Health - Biomedicine

2024 | Semester 2

UniSC Sunshine Coast  
UniSC Moreton Bay

**BLENDED  
LEARNING**

Most of your course is on campus but you may be able to do some components of this course online.

*Please go to [usc.edu.au](http://usc.edu.au) for up to date information on the teaching sessions and campuses where this course is usually offered.*

## 1. What is this course about?

### 1.1. Description

Human Physiology covers the normal mechanisms of function in the human body. It includes topics on homeostasis, neurophysiology, endocrinology, muscles, cell metabolism, respiration, immunology, cardiovascular, osmoregulation, excretion, and digestion. Emphasis is on normal function of the human body and the integrative nature of each body system.

### 1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
<b>BLENDED LEARNING</b>			
<b>Learning materials</b> – Self-directed eModule completion	2hrs	Week 1	12 times
<b>Tutorial/Workshop 1</b> – Online Tutorial	2hrs	Week 1	13 times
<b>Tutorial/Workshop 2</b> – On campus workshop - Weeks 1, 3, 5, 7, 9, 11	2hrs	Week 1	6 times
<b>Laboratory 1</b> – On campus laboratories - Weeks 2, 4, 6, 8, 10	2hrs	Week 2	5 times

### 1.3. Course Topics

- Core principles, Homeostasis, and Thermoregulation
- Neurophysiology
- Muscle physiology
- Endocrinology
- Cell metabolism
- Respiratory system
- Blood and Immune system
- Cardiovascular system
- Renal system
- Digestive system

## 2. What level is this course?

100 Level (Introductory)

Engaging with discipline knowledge and skills at foundational level, broad application of knowledge and skills in familiar contexts and with support. Limited or no prerequisites. Normally, associated with the first full-time study year of an undergraduate program.

### 3. What is the unit value of this course?

12 units

### 4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...
<b>1</b> Explain the physiology of individual body systems.	Knowledgeable Creative and critical thinker
<b>2</b> Demonstrate practical procedures in physiology, including presentation and interpretation of data.	Knowledgeable Creative and critical thinker Empowered Ethical
<b>3</b> Test and evaluate integrative physiological responses using sound scientific methods and reasoning.	Knowledgeable Creative and critical thinker Empowered Ethical Engaged

### 5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

#### 5.1. Pre-requisites

Not applicable

#### 5.2. Co-requisites

Not applicable

#### 5.3. Anti-requisites

LFS201 or LFS202 or LFS203

#### 5.4. Specific assumed prior knowledge and skills (where applicable)

An understanding of cell biology including structure and function of cell membranes and cellular transport; basic anatomy of human tissues, organs and systems; basic chemistry of molecules important in biological systems. An understanding of principles of data presentation and interpretation. Therefore, it is recommended that you first complete relevant courses.

### 6. How am I going to be assessed?

#### 6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

#### 6.2. Details of early feedback on progress

Formative feedback will be provided throughout the course. This involves provision of: model answers for tutorial and workshop questions; discussion of practical components including data analysis with tutors; multiple attempts to complete online quizzes; revision questions that students can discuss with teaching staff.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1a	Portfolio	Individual	10%	Approximately 1-2 hours weekly.	Refer to Format	Online Publisher Assessment
All	1b	Quiz/zes	Individual	30%	Approximately 30 min each.	Refer to Format	Online Test (Quiz)
All	2	Written Piece	Individual and Group	20%	Approximately 6 hours.	Refer to Format	Online Assignment Submission with plagiarism check
All	3	Examination - Centrally Scheduled	Individual	40%	120 min	Exam Period	Exam Venue

All - Assessment Task 1a: Preparation and Participation

<b>GOAL:</b>	To practice and apply theoretical principles covered in the eModules, Tutorials, and Workshops for facilitation and consolidation of learning.		
<b>PRODUCT:</b>	Portfolio		
<b>FORMAT:</b>	Please refer to the course Canvas site for details of how and when to submit assessment tasks.		
<b>CRITERIA:</b>	<b>No.</b>		<b>Learning Outcome assessed</b>
	1	Pre- and/or post-class activities associated with eModules	1 2 3
	2	Correct responses to questions in eModules	1 2 3

All - Assessment Task 1b: Laboratory and Practical Skills

<b>GOAL:</b>	To practice and apply theoretical and practical principles covered in the eModules, Tutorials, Laboratories, and Workshops for facilitation and consolidation of learning.		
<b>PRODUCT:</b>	Quiz/zes		
<b>FORMAT:</b>	Please refer to the course Canvas site for details of how and when to submit assessment tasks.		
<b>CRITERIA:</b>	<b>No.</b>		<b>Learning Outcome assessed</b>
	1	Active participation in laboratories and workshops	2 3
	2	Correct responses to quiz questions	1 2 3

All - Assessment Task 2: Written Piece & Reflection

<b>GOAL:</b>	To collaboratively present and interpret physiological data, and evaluate an integrated system response. To individually reflect on contributions to the collaborative task.		
<b>PRODUCT:</b>	Written Piece		
<b>FORMAT:</b>	Please refer to the course Canvas site for details of how and when to submit assessment tasks.		

CRITERIA:	No.	Learning Outcome assessed
	1	Accurate discipline knowledge, including data presentation and interpretation, and integrated system responses
	2	Thoughtful reflection on the collaborative task

### All - Assessment Task 3: End of semester examination of theory

<b>GOAL:</b>	To demonstrate knowledge and understanding of theory and practical components covered in the course.	
<b>PRODUCT:</b>	Examination - Centrally Scheduled	
<b>FORMAT:</b>	End-of-Semester Examination in the centrally scheduled examination period. The exam will be based on theory covered in the eModules, Tutorials, Workshops, Laboratories, and associated readings. Examination date and venue will be provided by UniSC Central.	
CRITERIA:	No.	Learning Outcome assessed
	1	Correct answers to examination questions

## 7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

## 8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

### 8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	EDITION	PUBLISHER
Required	Frederic H. Martini, Judi L. Nath, Edwin F. Bartholomew	0	Fundamentals of Anatomy & Physiology, Global Edition	11th edition	n/a

### 8.2. Specific requirements

To complete this course, students will require the LFS112 Human Physiology Workshop Manual and Tutorial Workbook (two separate resources). This is available for purchase from UniSC MyPrint; with an electronic copy available on Canvas. It is strongly recommended to have a hard copy of these manuals, as they are invaluable resources to successfully complete the course. Students will require personal protective equipment (PPE) for laboratory classes. This includes: a clean laboratory coat, fully-enclosed footwear, and safety glasses. Students must present with their own PPE to gain entry into the laboratory; no PPE is available for loan. Students are also required to complete the online Laboratory Induction on Canvas prior to gaining entry into the laboratory.

## 9. How are risks managed in this course?

Risk assessments have been performed for all laboratory classes and a moderate level of health and safety risk exists. Moderate risks are those associated with laboratory work such as working with chemicals and hazardous substances. You will be required to undertake laboratory induction training and it is also your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff

## 10. What administrative information is relevant to this course?

### 10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

### 10.2. Assessment: Additional Requirements

Your eligibility for supplementary assessment is dependent on the following conditions being met:

The final mark is in the percentage range 47% to 49.4%.

The course is graded using the Standard Grading scale.

You have not failed an assessment task in the course due to academic misconduct.

### 10.3. Assessment: Submission penalties

Late submission of assessment tasks may be penalised at the following maximum rate (the rates are cumulative):

- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.

- 10% (of the assessment task's identified value) for the third day

- 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.

- A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task.

Weekdays and weekends are included in the calculation of days late.

To request an extension you must contact your course coordinator to negotiate an outcome.

### 10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: [07 5430 1168](tel:0754301168) or using the [SafeZone](#) app. For general enquires contact the SafeUniSC team by phone [07 5456 3864](tel:0754563864) or email [safe@usc.edu.au](mailto:safe@usc.edu.au).

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call [07 5430 1226](tel:0754301226) or email [studentwellbeing@usc.edu.au](mailto:studentwellbeing@usc.edu.au).

### 10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au).

### 10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email [studentwellbeing@usc.edu.au](mailto:studentwellbeing@usc.edu.au) or call 07 5430 1226.

### 10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email [AccessAbility@usc.edu.au](mailto:AccessAbility@usc.edu.au) or call 07 5430 2890.

## 10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

## 10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

## 10.10. General Enquiries

### In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

**Tel:** +61 7 5430 2890

**Email:** [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au)