

MHN706

Neurocognition and Mental Health

School: School of Health - Psychology

2023 | Semester 2

Online

ONLINE

You can do this course without coming onto campus.

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

Neurocognition is the understanding of how thinking skills, such as attention, memory and decision making, are specifically linked to underlying brain regions, networks and processes. Thus, neurocognition has been utilised to better understand the functional impacts of various mental illnesses, including in their very early stages. In this course you will learn how a diverse range of cognitive functions, such as affective regulation, metacognition and social cognition, play key roles in current mental health research and how these measures provide insights into the underlying neurobiology.

1.2. How will this course be delivered?

| ACTIVITY | HOURS | BEGINNING WEEK | FREQUENCY |
|--|-------|----------------|-----------|
| ONLINE | | | |
| Online – The online activities will include a variety of asynchronous, interactive learning materials, and options for lecturer and peer to peer collaborations, and lecturer and peer zoom drop-ins. | 3hrs | Week 1 | 13 times |

1.3. Course Topics

- What is neurocognition?
- Neuropsychological assessment and factors impacting neurocognitive performance
- Neurocognition and its role in clinical research
- Neurocognition in a range of mental health disorders
- Cognitive therapies
- Current topical issues in neurocognition

2. What level is this course?

700 Level (Specialised)

Demonstrating a specialised body of knowledge and set of skills for professional practice or further learning. Advanced application of knowledge and skills in unfamiliar contexts.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

| COURSE LEARNING OUTCOMES | | GRADUATE QUALITIES |
|---|--|--|
| On successful completion of this course, you should be able to... | | Completing these tasks successfully will contribute to you becoming... |
| 1 | Identify most recent theories on how cognitive functions and domains specifically link to underlying brain regions, networks and processes. | Knowledgeable |
| 2 | Justify the most appropriate use of neurocognitive intervention by differentiating and evaluating current neurocognitive treatment approaches in a mental health population. | Creative and critical thinker |
| 3 | Evaluate and justify recent research and research methodology, assessing the effectiveness of neurocognitive interventions in the context of mental health and proposing implications for future directions. | Engaged |
| 4 | Articulate evidence and conclusions in an appropriate scholarly writing style. | Empowered |

5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1. Pre-requisites

Enrolled in Program AR602

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

Not applicable

5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

6. How am I going to be assessed?

6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

6.2. Details of early feedback on progress

You will be provided with multiple opportunities to gain early formative feedback relevant to your first assessment task, by completing the interactive self-check questions incorporated into your weekly online modules and learning materials.

6.3. Assessment tasks

| DELIVERY MODE | TASK NO. | ASSESSMENT PRODUCT | INDIVIDUAL OR GROUP | WEIGHTING % | WHAT IS THE DURATION / LENGTH? | WHEN SHOULD I SUBMIT? | WHERE SHOULD I SUBMIT IT? |
|---------------|----------|---------------------------------------|---------------------|-------------|---|-----------------------|--|
| All | 1 | Examination - not Centrally Scheduled | Individual | 20% | 1 hour | Week 5 | Online Submission |
| All | 2 | Portfolio | Individual | 40% | 400 words each week for 4 modules and 1000-word summary | Week 9 | Online Assignment Submission with plagiarism check |
| All | 3 | Literature Review (or component) | Individual | 40% | 2500 words | Exam Period | Online Assignment Submission with plagiarism check |

All - Assessment Task 1: Online open book exam

| | | |
|------------------|--|----------------------------------|
| GOAL: | To goal is to identify recent theories on how cognitive functions and domains specifically link to underlying brain regions, networks and processes. | |
| PRODUCT: | Examination - not Centrally Scheduled | |
| FORMAT: | You will respond online to a series of questions which will cover the learning materials from the first block of this course. This online exam will consist of 40 questions ranging from multiple choice, fill in the blank, true or false and short answer questions (practice questions will be provided). | |
| CRITERIA: | No. | Learning Outcome assessed |
| | 1 Identification of cognitive functions and their links to underlying brain regions, networks and processes. | 1 |
| | 2 Identification of cognitive domains and their links to underlying brain regions, networks and processes. | 1 |

All - Assessment Task 2: Cognitive domains reviews and summary

| | | |
|------------------|--|----------------------------------|
| GOAL: | The goal is to identify and differentiate between various cognitive functions and domains and their relevance, as the basis for justifying different cognitive interventions for specific mental health populations. | |
| PRODUCT: | Portfolio | |
| FORMAT: | You will write a short review relevant to the population covered in each module of Block 2, justifying the cognitive intervention that is most relevant and why, in line with the guidelines provided and written for a professional audience. You will conclude with a summary, comparing and contrasting the range of interventions, and addressing similarities and differences in population groups. | |
| CRITERIA: | No. | Learning Outcome assessed |
| | 1 Identification of relevant cognitive functions and domains. | 1 |
| | 2 Differentiation of interventions between different populations. | 2 |
| | 3 Evaluation of cognitive interventions chosen for a specific population. | 1 2 |
| | 4 Justification of cognitive interventions chosen for a specific population. | 1 2 |
| | 5 Articulation of evidence and conclusions in an appropriate scholarly writing style. | 4 |

All - Assessment Task 3: Critical literature review

| | | |
|-----------------|--|--|
| GOAL: | The goal is to evaluate and critically engage with research and research methodology in the context of neurocognitive interventions for mental health. | |
| PRODUCT: | Literature Review (or component) | |
| FORMAT: | You will refer to original research articles using a specific neurocognitive intervention to write a literature review for an academic audience, according to the guidelines provided. Your literature review will critical evaluate from a methodological perspective to determine the effectiveness of the chosen intervention, as well as consider the implications for research, and propose future research directions. | |

| CRITERIA: | No. | Learning Outcome assessed |
|-----------|---|---------------------------|
| | 1 Evaluation of current neurocognitive intervention research methodology | 3 |
| | 2 Assessment of effectiveness of neurocognitive interventions. | 3 |
| | 3 Proposal of new or innovative ideas for future research. | 1 3 |
| | 4 Articulation of evidence and conclusions in an appropriate scholarly writing style. | 4 |

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

| REQUIRED? | AUTHOR | YEAR | TITLE | EDITION | PUBLISHER |
|-----------|--------|------|--|---------|-----------|
| Required | n/a | 0 | No prescribed text. Key readings will be provided each week through the library course readings. | n/a | n/a |

8.2. Specific requirements

All work submitted for assessment is to be word processed and submitted electronically. It is expected that

students will have ready access to a computer with common productivity software and reliable Internet

access. Students will be able to participate in video conferencing, and therefore it is recommended to have computer capabilities to join these sessions (e.g. webcam, microphone).

9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

The final mark is in the percentage range 47% to 49.4%

The course is graded using the Standard Grading scale

You have not failed an assessment task in the course due to academic misconduct

10.3. Assessment: Submission penalties

Late submission of assessment tasks will be penalised at the following maximum rate:

5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.

10% (of the assessment task's identified value) for the third day

20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.

A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task.

Weekdays and weekends are included in the calculation of days late.

To request an extension, you must contact your Course Coordinator and supply the required documentation to negotiate an outcome.

10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: [07 5430 1168](tel:0754301168) or using the [SafeZone](#) app. For general enquires contact the SafeUniSC team by phone [07 5456 3864](tel:0754563864) or email safe@usc.edu.au.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call [07 5430 1226](tel:0754301226) or email studentwellbeing@usc.edu.au.

10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.10. General Enquiries

In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au