

NUR106 Professional Experience 1: Nursing Foundations in Practice

School: School of Health - Nursing

2027 Trimester 1

UniSC Sunshine Coast
UniSC Moreton Bay
UniSC Caboolture
UniSC Fraser Coast
UniSC Gympie

**BLENDED
LEARNING**

Most of your course is on campus but you may be able to do some components of this course online.

Please go to unisc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

This course introduces you to professional nursing through a combination of theory, simulation, skills development, and supervised placement in wellness and community-based settings. At an introductory level of the NMBA Registered Nurse Standards for Practice, you will complete 80 hours of placement focused on observation, communication, and foundational nursing care. The course emphasises safe, responsive, and culturally inclusive practice, while supporting the development of professional behaviours, therapeutic relationships, and clinical reasoning skills that prepare you for ongoing learning and future placements.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Learning materials – Online asynchronous learning and teaching materials.	1hr	Week 1	10 times
Laboratory 2 – Simulated learning activities	2hrs	Week 1	10 times
Laboratory 1 – Simulated Learning Environment	5hrs	Week 7	Once Only
Placement – Professional Experience Placement	80hrs	Not applicable	Once Only

1.3. Course Topics

Clinical documentation

Vital signs and hand hygiene

Foundational medication calculations

Infection prevention and control practice principles

Completion of patient-centred activities of daily living

Communicating for patient safety, escalation of care, graded assertiveness, clinical handover (ISBAR)

2. What level is this course?

100 Level (Introductory)

Engaging with discipline knowledge and skills at foundational level, broad application of knowledge and skills in familiar contexts and with support. Limited or no prerequisites. Normally, associated with the first full-time study year of an undergraduate program.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES MAPPING	PROFESSIONAL STANDARD MAPPING *
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...	Nursing and Midwifery Board of Australia
1 Identify the role of the Registered Nurse in promoting health and wellness	Knowledgeable	1.4, 2.2, 2.3, 2.4, 2.5, 2.7, 3.2, 3.4, 3.7, 4.3, 5.2, 6.2, 6.5
2 Demonstrate introductory nursing skills in simulated learning environments	Empowered	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 2.1, 2.2, 2.3, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 4.1, 4.2, 4.3, 5.1, 5.2, 6.1, 6.2, 6.5, 7.3
3 Apply the NMBA Standards for Practice for Registered Nurse and relevant Codes	Ethical	1.4, 1.5, 2.7, 2.9, 3.4, 3.6, 3.7, 6.2, 6.3, 6.6
4 Reflect and apply professional responsibilities and ethical behaviours for undertaking safe nursing practice	Ethical	1.1, 1.2, 1.3, 1.4, 1.5, 1.7, 2.7, 2.9, 3.1, 3.3, 3.4, 3.5, 3.6, 6.2, 6.5, 6.6
5 Participate in clinical experiences that support the development of therapeutic relationships and safe care delivery	Engaged	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 2.1, 2.2, 2.3, 2.6, 2.7, 3.1, 3.2, 3.6, 4.1, 4.2, 4.3, 5.1, 5.2, 5.3, 6.1, 6.2, 6.5, 6.6, 7.1, 7.2, 7.3
6 Apply foundational academic conventions and basic digital literacy skills to produce structured and ethical scholarly communication, incorporating introductory collaborative approaches where appropriate.	Ethical	1.4, 1.5, 1.6, 2.2, 2.6, 3.1, 3.3, 7.2, 7.3

* Competencies by Professional Body

CODE	COMPETENCY
NURSING AND MIDWIFERY BOARD OF AUSTRALIA	
1.1	The RN accesses, analyses, and uses the best available evidence, that includes research findings for safe quality practice
1.2	The RN develops practice through reflection on experiences, knowledge, actions, feelings and beliefs to identify how these shape practice

CODE	COMPETENCY
1.3	The RN 1.3 respects all cultures and experiences, which includes responding to the role of family and community that underpin the health of Aboriginal and Torres Strait Islander peoples and people of other cultures
1.4	The RN complies with legislation, common law, policies, guidelines and other standards or requirements relevant to the context of practice when making decisions
1.5	The RN uses ethical frameworks when making decisions
1.6	The RN maintains accurate, comprehensive and timely documentation of assessments, planning, decision- making, actions and evaluations
1.7	The RN contributes to quality improvement and relevant research
2.1	The RN establishes, sustains and concludes relationships in a way that differentiates the boundaries between professional and personal relationships
2.2	The RN communicates effectively, and is respectful of a person's dignity, culture, values, beliefs and rights
2.3	The RN recognises that people are the experts in the experience of their life
2.4	The RN provides support and directs people to resources to optimise health related decisions
2.5	The RN advocates on behalf of people in a manner that respects the person's autonomy and legal capacity
2.6	The RN uses delegation, supervision, coordination, consultation and referrals in professional relationships to achieve improved health outcomes
2.7	The RN actively fosters a culture of safety and learning that includes engaging with health professionals and others, to share knowledge and practice that supports person-centred care
2.9	The RN reports notifiable conduct of health professionals, health workers and others.
3.1	The RN considers and responds in a timely manner to the health and well being of self and others in relation to the capability for practice
3.2	The RN provides the information and education required to enhance people's control over health
3.3	The RN uses a lifelong learning approach for continuing professional development of self and others
3.4	The RN accepts accountability for decisions, actions, behaviours and responsibilities inherent in their role, and for the actions of others to whom they have delegated responsibilities
3.5	The RN seeks and responds to practice review and feedback
3.6	The RN actively engages with the profession
3.7	The RN identifies and promotes the integral role of nursing practice and the profession in influencing better health outcomes for people
4.1	The RN conducts assessments that are holistic as well as culturally appropriate
4.2	The RN uses a range of assessment techniques to systematically collect relevant and accurate information and data to inform practice
4.3	The RN works in partnership to determine factors that affect, or potentially affect, the health and well being of people and populations to determine priorities for action and/or for referral
5.1	The RN uses assessment data and best available evidence to develop a plan
5.2	The RN collaboratively constructs nursing practice plans until contingencies, options priorities, goals, actions, outcomes and timeframes are agreed with the relevant persons
5.3	The RN documents, evaluates and modifies plans accordingly to facilitate the agreed outcomes
6.1	The RN provides comprehensive safe, quality practice to achieve agreed goals and outcomes that are responsive to the nursing needs of people
6.2	The RN practises within their scope of practice

CODE	COMPETENCY
6.3	The RN appropriately delegates aspects of practice to enrolled nurses and others, according to enrolled nurse's scope of practice or others' clinical or non-clinical roles
6.5	The RN practises in accordance with relevant nursing and health guidelines, standards, regulations and legislation
6.6	The RN uses the appropriate processes to identify and report potential and actual risk related system issues and where practice may be below the expected standards
7.1	The RN evaluates and monitors progress towards the expected goals and outcomes
7.2	The RN revises the plan based on the evaluation
7.3	The RN determines, documents and communicates further priorities, goals and outcomes with the relevant persons

5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of "pre-requisites, co-requisites and anti-requisites".

5.1. Pre-requisites

Enrolled in UB013

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

NUR111

5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

5.5. Microcredential Information

Not applicable

6. How am I going to be assessed?

6.1. Grading Scale

Limited Grading (PNP)

Pass (PU), Fail (UF). All assessment tasks are required to be passed for successful completion of the course.

6.2. Details of early feedback on progress

In this Professional Experience course, you will receive ongoing, formative feedback through your active participation in classes and your simulation activities. By engaging fully, you will have frequent opportunities to receive early feedback on your knowledge, skills, and professional behaviours. This feedback helps you monitor your progress, build confidence, and prepare for both assessments and safe, effective clinical practice.

The Med+Safe assessment is formative in nature and prepares you for later medication safety assessments.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Activity Participation	Individual	Throughout the teaching period	Refer to Format	Online Assignment Submission with plagiarism check
All	2	Quiz/zes	Individual	Unlimited attempts are allowed	Refer to Format	Online Test (Quiz)
All	3	Portfolio	Individual	Evidence for your portfolio will be collected throughout the teaching period.	Refer to Format	Online Submission
All	4	Placement performance	Individual	80 hours	Refer to Format	SONIA

All - Assessment Task 1: Scheduled learning activities

GOAL:	To develop your confidence and support your preparation for your Professional Experience Placement, you will engage in a range of learning activities, including those that take place in the Simulated Learning Environments (SLE). These sessions are designed to give you safe opportunities to practise and apply your skills before working with patients in real settings.										
PRODUCT:	Activity Participation										
AUTHORSHIP STATEMENT:											
FORMAT:	You are expected to attend and fully engage in at least 80% of scheduled learning activities. Attendance will be recorded by your tutor. At the end of the course, you will need to upload your signed attendance sheet in Canvas as evidence of participation.										
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th></th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Attends a minimum of 80% of scheduled learning activities</td> <td>5</td> </tr> <tr> <td>2</td> <td>Provides signed evidence of attendance uploaded via Canvas.</td> <td>5</td> </tr> </tbody> </table>	No.		Learning Outcome assessed	1	Attends a minimum of 80% of scheduled learning activities	5	2	Provides signed evidence of attendance uploaded via Canvas.	5	
No.		Learning Outcome assessed									
1	Attends a minimum of 80% of scheduled learning activities	5									
2	Provides signed evidence of attendance uploaded via Canvas.	5									
GENERIC SKILLS:	Problem solving, Organisation										

All - Assessment Task 2: Med+Safe mathematical concepts

GOAL:	The goal of this task is to assess your knowledge of foundational mathematical concepts (e.g., fractions, ratios, unit conversions) that underpin safe medication calculation and administration.						
PRODUCT:	Quiz/zes						
AUTHORSHIP STATEMENT:							
FORMAT:	You will complete an online quiz in Med+Safe covering basic mathematical skills. More details are available in Canvas.						
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th></th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Demonstrates accurate application of foundational mathematical principles required for medication calculation.</td> <td>2</td> </tr> </tbody> </table>	No.		Learning Outcome assessed	1	Demonstrates accurate application of foundational mathematical principles required for medication calculation.	2
No.		Learning Outcome assessed					
1	Demonstrates accurate application of foundational mathematical principles required for medication calculation.	2					
GENERIC SKILLS:	Problem solving, Organisation						

All - Assessment Task 3: Professional Portfolio

GOAL:	The goal of the professional portfolio is to provide a structured record of your development as a nursing student. By collecting evidence of your learning, clinical experiences, and reflections across the program, you will demonstrate the progressive achievement of the NMBA Registered Nurse Standards for Practice and your readiness for professional practice.												
PRODUCT:	Portfolio												
AUTHORSHIP STATEMENT:													
FORMAT:	Supporting evidence for your portfolio will be determined by your Course Coordinator. Further detail will be provided in Canvas.												
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No.		Learning Outcome assessed											
1	Submits a complete professional portfolio within the required timeframe.	2 3											
2	Provides evidence of engagement with professional experience learning activities.	2 3 4											
3	Includes reflections or documentation that demonstrate progression of skills and professional practice.	2 3 4 6											
GENERIC SKILLS:	Organisation												

All - Assessment Task 4: Professional Experience Placement

GOAL:	The goal of this assessment is for you to demonstrate satisfactory performance based on the NMBA Registered nurse standards for practice at an introductory student level as measured using the Australian Nursing Standards Assessment Tool (ANSAT) and completion of your allocated placement hours for this course																			
PRODUCT:	Placement performance																			
AUTHORSHIP STATEMENT:																				
FORMAT:	<p>1. Completion of required hours: You must complete the allocated placement hours for your course. Evidence of attendance and completion will be recorded in Sonia and must be submitted to finalise your placement. 2. Progressive assessment: During your placement, you will engage in regular feedback and reflection with your facilitator. This process helps you review your practice, track your progress against the ANSAT criteria, and identify strategies to support your success. 3. Final assessment: At the end of placement, your clinical facilitator/preceptor will complete the summative ANSAT based on your overall performance. The ANSAT is then submitted to the course coordinator for review and final approval of results in line with UniSC assessment policies. Ongoing feedback and support: You will receive formative feedback throughout your placement as part of your professional development. If any areas of concern arise, a learning plan will be developed in partnership with you to guide improvement and ensure you have every opportunity to meet the required standards. 4. Professional expectations: You are expected to maintain safe practice at all times in line with the NMBA Code of Conduct for Nurses and the ICN Code of Ethics. Unsafe practice, breaches of professional standards, or behaviours that place patients at risk may result in removal from placement and failure of the course. 5. Supportive pathways to success: If a learning plan is required, you will be supported to meet all requirements before the final assessment. Successful completion of your Professional Experience Placement requires both full attendance of allocated hours and achievement of the ANSAT at an introductory level.</p>																			
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th></th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Applies introductory nursing skills appropriate to community wellness settings under supervision</td> <td>2</td> </tr> <tr> <td>2</td> <td>Demonstrates safe and professional practice in line with the NMBA Registered Nurse Standards and relevant Codes</td> <td>3 4</td> </tr> <tr> <td>3</td> <td>Engages in therapeutic and respectful relationships with clients, families, and communities to support safe and person-centred care</td> <td>1 5</td> </tr> <tr> <td>4</td> <td>Acts ethically and responsibly by reflecting on professional behaviours and demonstrating accountability for practice</td> <td>4</td> </tr> <tr> <td>5</td> <td>Completes placement requirements including 80 clinical hours and satisfactory achievement of competencies as measured by the ANSAT tool</td> <td>1 2 3 4 5</td> </tr> </tbody> </table>	No.		Learning Outcome assessed	1	Applies introductory nursing skills appropriate to community wellness settings under supervision	2	2	Demonstrates safe and professional practice in line with the NMBA Registered Nurse Standards and relevant Codes	3 4	3	Engages in therapeutic and respectful relationships with clients, families, and communities to support safe and person-centred care	1 5	4	Acts ethically and responsibly by reflecting on professional behaviours and demonstrating accountability for practice	4	5	Completes placement requirements including 80 clinical hours and satisfactory achievement of competencies as measured by the ANSAT tool	1 2 3 4 5	
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5	Completes placement requirements including 80 clinical hours and satisfactory achievement of competencies as measured by the ANSAT tool	1 2 3 4 5																		
GENERIC SKILLS:	Communication, Collaboration, Problem solving, Organisation																			

6.4. Assessment to competency mapping

PROGRAMME DELIVERY MODE	ASSESSMENT TYPE	TITLE	COMPETENCY	TEACHING METHODS
REGISTERED NURSE STANDARDS FOR PRACTICE - 1 JUNE 2016				
All delivery modes	Activity Participation	Scheduled learning activities	1.1	Assessed
			1.2	Assessed
			1.3	Assessed
			1.4	Assessed
			1.5	Assessed
			1.6	Assessed
			2.1	Assessed

PROGRAMME DELIVERY MODE	ASSESSMENT TYPE	TITLE	COMPETENCY	TEACHING METHODS
			2.2	Assessed
			2.3	Assessed
			2.6	Assessed
			2.7	Assessed
			3.1	Assessed
			3.2	Assessed
			3.6	Assessed
			4.1	Assessed
			4.2	Assessed
			4.3	Assessed
			5.1	Assessed
			5.2	Assessed
			5.3	Assessed
			6.1	Assessed
			6.2	Assessed
			6.5	Assessed
			6.6	Assessed
			7.1	Assessed
			7.2	Assessed
			7.3	Assessed
	Placement performance	Professional Experience Placement	1.1	Assessed
			1.2	Assessed
			1.3	Assessed
			1.4	Assessed
			1.5	Assessed
			1.6	Assessed
			2.1	Assessed
			2.2	Assessed
			2.3	Assessed
			2.6	Assessed
			2.7	Assessed
			3.1	Assessed
			3.2	Assessed
			3.3	Assessed
			3.4	Assessed

PROGRAMME DELIVERY MODE	ASSESSMENT TYPE	TITLE	COMPETENCY	TEACHING METHODS
			3.6	Assessed
			3.7	Assessed
			4.1	Assessed
			4.2	Assessed
			4.3	Assessed
			5.1	Assessed
			5.2	Assessed
			5.3	Assessed
			6.1	Assessed
			6.2	Assessed
			6.3	Assessed
			6.4	Assessed
			6.5	Assessed
			6.6	Assessed
			7.1	Assessed
			7.2	Assessed
			7.3	Assessed
	Portfolio	Professonal Portfolio	1.1	Assessed
			1.2	Assessed
			1.3	Assessed
			1.4	Assessed
			1.5	Assessed
			1.6	Assessed
			2.2	Assessed
			2.3	Assessed
			2.4	Assessed
			2.5	Assessed
			2.6	Assessed
			2.7	Assessed
			2.9	Assessed
			3.2	Assessed
			3.3	Assessed
			3.4	Assessed
			3.5	Assessed
			3.6	Assessed

PROGRAMME DELIVERY MODE	ASSESSMENT TYPE	TITLE	COMPETENCY	TEACHING METHODS
			3.7	Assessed
			4.1	Assessed
			4.2	Assessed
			4.3	Assessed
			5.2	Assessed
			6.2	Assessed
			6.5	Assessed
			6.6	Assessed
	Quiz/zes	Med+Safe mathematical concepts	1.4	Assessed
			2.2	Assessed
			2.3	Assessed
			2.4	Assessed
			2.5	Assessed
			2.7	Assessed
			3.2	Assessed
			3.4	Assessed
			3.7	Assessed
			4.3	Assessed
			5.2	Assessed
			6.2	Assessed
6.5	Assessed			

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

You need regular access to the resource(s) below. Many texts are available as ebooks through the [Library](#) at no additional cost.

REQUIRED?	AUTHOR	YEAR	TITLE	EDITION	PUBLISHER
Required	Joanne Tollefson, Elspeth Hillman	2024	Clinical Psychomotor Skills 9e	9th	Cengage AU
Required	Julie Martyn, Mathew Carey, John D. Gattford, Nicole Phillips	2022	Gattford and Phillips' Drug Calculations	10th	Elsevier

8.2. Specific requirements

To support your success on placement, please read the Student Handbook (available via Sonia). This handbook provides important information, expectations, and procedures that guide your work integrated learning experience.

Your Summative ANSAT assessment will only be finalised once you have completed the allocated placement hours for this course. If you miss any scheduled hours, you will be required to make these up. Your final course grade cannot be released until all placement requirements are satisfactorily completed.

While on placement, you are required to wear the official UniSC nursing student uniform. Please also be aware that some placements may require travel, and associated costs are your responsibility.

9. How are risks managed in this course?

Risk assessments have been performed for all field activities and low to moderate levels of health and safety risk exists. Moderate risks may include working in an Australian bush setting, working with people, working outside normal office hours for example. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

This course will be graded as Pass in a Limited Grade Course (PU) or Fail in a Limited Grade Course (UF) as per clause 5.1.1.3 and 5.1.1.4 of the Grades and Grade Point Average (GPA) - Academic Policy.

In a course eligible to use Limited Grades, all assessment items in that course are marked on a Pass/Fail basis and all assessment tasks are required to be passed for a student to successfully complete the course. Supplementary assessment is not available in courses using Limited Grades.

10.3. Assessment: Submission penalties

You must contact your Course Coordinator and provide the required documentation if you require an extension or alternate assessment.

Refer to the Assessment: Courses and Coursework Programs – Procedures.

10.4. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.5. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.6. General Enquiries

For course-specific questions, contact your teaching staff or Course Coordinator.

For other enquiries or to access support, please contact Student Central:

- [UniSC Student Central](#)
- [UniSC Adelaide Student Central](#)