UniSC

C O U R S E   O U T L I N E

NUT301 **Advanced Public Health Nutrition**

School: School of Health - Nutrition and Dietetics

2023 | Semester 2

| UniSC Sunshine Coast | BLENDED LEARNING | Most of your course is on campus but you may be able to do some components of this course online. |

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1.   What is this course about?

1.1.   Description

In this course you will develop the values, knowledge and skills for community public health nutrition practice through service learning, case-based work, team learning and simulation. You will integrate and apply best practice processes for development, planning and managing public health nutrition projects. This course is based on a socio-ecological approach to practice, evidence informed and integrates values of justice, equity and collaboration. You will have the opportunity to co-design and plan the evaluation of a nutrition project during the course.

1.2.   How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Tutorial/Workshop 1 – Case and group based learning activities	3hrs	Week 1	11 times
Tutorial/Workshop 2 – Online mediated learning activities	2hrs	Week 3	3 times
Learning materials – Online activities including videos, quizzes, readings	1.5hrs	Week 1	13 times
Fieldwork – E-mediated service learning project	15hrs	Week 1	Once Only
Seminar – Advocacy seminar	1hr	Week 12	Once Only

1.3.   Course Topics

- Orienting practice within the socio-ecological framework
- Community engagement and professional formation through service learning
- Best processes for planning PHN intervention
- PHN decision making within an ethical and evidence based framework
- Developing and assessing strategies for implementation
- Evaluating PHN practice – types, methods and processes

2. What level is this course?

> 300 Level (Graduate)

Demonstrating coherence and breadth or depth of knowledge and skills. Independent application of knowledge and skills in unfamiliar contexts. Meeting professional requirements and AQF descriptors for the degree. May require pre-requisites where discipline specific introductory or developing knowledge or skills is necessary. Normally undertaken in the third or fourth full-time study year of an undergraduate program.

3. What is the unit value of this course?

> 12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES On successful completion of this course, you should be able to...		GRADUATE QUALITIES Completing these tasks successfully will contribute to you becoming...
1	Appraise and integrate evidence to inform public health nutrition practice	Empowered
2	Synthesise and prioritise information and stakeholder perspectives to foster partnerships	Sustainability-focussed
3	Plan, co-design and construct a sustainable public health nutrition program using best processes for program planning	Empowered Sustainability-focussed
4	Justify decisions using a public health nutrition lens	Ethical
5	Examine practice considering public health nutrition principles and suggest strategies to enhance future practice	Creative and critical thinker

5. Am I eligible to enrol in this course?

Refer to the UniSC Glossary of terms for definitions of "pre-requisites, co-requisites and anti-requisites".

5.1. Pre-requisites

> (NUT306 or NUT352) and NUT205

5.2. Co-requisites

> Not applicable

5.3. Anti-requisites

> Not applicable

5.4. Specific assumed prior knowledge and skills (where applicable)

Understanding of behavioural change theory; Foundational knowledge of public health and health promotion; Ability to search academic databases to locate relevant scientific literature; Knowledge of nutrition assessment methods; Nutrition (& food) knowledge; Interpersonal skills; Needs assessment

6. How am I going to be assessed?

6.1. Grading Scale

> Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

6.2. Details of early feedback on progress

Formative feedback via ZOOM will be provided to your teams in week 3 that will assist you in undertaking the tasks and producing artefacts relating to the E-portfolio to curate your portfolio to achieve learning outcomes.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1a	Written Piece	Individual	0%	500 words	Week 6	Online Submission
All	1b	Portfolio	Individual	50%	2250 words	Week 9	Online ePortfolio Submission
All	2	Examination - Centrally Scheduled	Individual	50%	20 minutes & project plan	Exam Period	Exam Venue

All - Assessment Task 1a: Reflection

GOAL:	To reflect on a selected experience or task completed in NUT301.
PRODUCT:	Written Piece
FORMAT:	You will write an 500-word reflection as per assessment instructions and submit through CANVAS.

CRITERIA:	No.		Learning Outcome assessed
	1	Appropriate use of model	5
	2	Appropriate description of context/experience	5
	3	Evaluate learning and development	5
	4	Plan strategies to enhance future practice	5

GENERIC SKILLS:	Communication

All - Assessment Task 1b: E-Portfolio

GOAL:	In this assessment task, you will undertake and reflect on a range of practice based tasks to demonstrate your learning.
PRODUCT:	Portfolio
FORMAT:	You will produce an e-portfolio that showcases how you have achieved the relevant learning outcomes and developed graduate attributes. You will present a range of outputs completed as part of NUT301 course work. In addition, using Borton's reflective framework, you will reflect on a range of individual and group-based practice informed tasks/experiences that integrate theory and practice. This will include but is not limited to contributing to a service learning project. Formative feedback will be provided in week 3 that will assist you to curate your portfolio to achieve learning outcomes.

CRITERIA:	No.		Learning Outcome assessed
	1	Appraise and integrate evidence to inform public health nutrition practice	1
	2	Use best processes for planning PHN practice	3
	3	Connect and evaluate practice considering PHN principles	5
	4	Reflect and plan relevant strategies to enhance your future practice	5
	5	Collaborate with peers and stakeholders toward a shared goal	2

GENERIC SKILLS:	Organisation

All - Assessment Task 2: Final oral examination & project plan

GOAL:	The end of semester oral VIVA exam and project plan will assess the creative and critical thinking and ethical decision making underpinning work undertaken during semester
PRODUCT:	Examination - Centrally Scheduled
FORMAT:	Students will be given a case study 2 weeks prior to the oral exam. In groups of two, students will develop an abridged project plan based on the case using a template provided by the lecturer. A 20 minute oral VIVA exam will be scheduled during the central exam period and will be based on the case study.

CRITERIA:	No.		Learning Outcome assessed
	1	Plan, design and construct a sustainable PHN program using the bicycle model	3
	2	Justify decisions using a PHN lens	4
	3	Application and use of evidence based public health approaches to inform project development	1
	4	Use of health promotion principles and strategic frameworks to inform project development	3
	5	Uses a decision making process that facilitates stakeholder partnerships	2

GENERIC SKILLS:	Communication, Problem solving

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

7.1. Schedule

PERIOD AND TOPIC	ACTIVITIES
Week 1. Course Introduction; Project governance/Management	Workshop Readings
Week 2 - 4. Module 1: Intelligence gathering	Workshop Readings Cases Service learning project
Week 5-7. Module 2: Planning & implementing action	Workshops Readings Cases Service learning project
Week 8 - Self directed learning	Drop-in only
Week 9-12. Module 3: Evaluation & Reflection	Workshops Readings Cases
Week 13. Revision	Self directed learning Revision

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	EDITION	PUBLISHER
Required	Roger Hughes	2011	Practical Public Health Nutrition	n/a	John Wiley & Sons

8.2. Specific requirements

Electronic device

9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the online induction training for students, and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

The final mark is in the percentage range 47% to 49.4%
The course is graded using the Standard Grading scale
You have not failed an assessment task in the course due to academic misconduct

10.3. Assessment: Submission penalties

Late submission of assessment tasks may be penalised at the following maximum rate:
- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.
- 10% (of the assessment task's identified value) for the third day - 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.
- A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task. Weekdays and weekends are included in the calculation of days late. To request an extension you must contact your course coordinator to negotiate an outcome.

10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: 07 5430 1168 or using the SafeZone app. For general enquires contact the SafeUniSC team by phone 07 5456 3864 or email safe@usc.edu.au.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call 07 5430 1226 or email studentwellbeing@usc.edu.au.

10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the Learning Advisers web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to Student Hub, email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, AccessAbility Services can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to Student Hub, email AccessAbility@usc.edu.au or call 07 5430 2890.

10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching

10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The Student Charter sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.10. General Enquiries

In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au