

OCC303 Enabling Occupation with Adults: A Lifespan Perspective

School: School of Health - Occupational Therapy

2027 | Trimester 1

UniSC Sunshine Coast

**BLENDED
LEARNING**

Most of your course is on campus but you may be able to do some components of this course online.

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

This course will develop your occupational therapy knowledge and skills in working with adults with disability, illness, and/or natural ageing to enable occupational performance. You will explore meaningful occupation across diverse contexts, while identifying and analysing enablers and barriers to occupational performance for adults across the lifespan. You will develop competencies in selecting and applying evidence-based occupational therapy interventions and demonstrate clinical reasoning to articulate intervention choices.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Learning materials – pre-class learning materials	1hr	Week 1	12 times
Tutorial/Workshop 1 – workshop 1 online, recorded, scheduled 2 hours per week	2hrs	Week 1	12 times
Tutorial/Workshop 2 – face to face, on campus, not recorded, 2 hour workshop, scheduled activities	2hrs	Week 1	12 times

1.3. Course Topics

- Foundational concepts
- Analysing enablers and barriers to occupation
- Clinical reasoning and intervention planning
- Intervention implementation
- Occupational outcomes
- Service delivery contexts

2. What level is this course?

300 Level (Graduate)

Demonstrating coherence and breadth or depth of knowledge and skills. Independent application of knowledge and skills in unfamiliar contexts. Meeting professional requirements and AQF descriptors for the degree. May require pre-requisites where discipline specific introductory or developing knowledge or skills is necessary. Normally undertaken in the third or fourth full-time study year of an undergraduate program.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES MAPPING	PROFESSIONAL STANDARD MAPPING *
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...	Occupational Therapy Council of Australia Ltd
1 Apply knowledge of neuroscience and meaningful occupation as theoretical foundations to inform the occupational therapy process for adults with disability, illness and/or natural ageing	Creative and critical thinker Problem solving	1.5, 2.1, 2.2, 2.3, 2.5, 2.9, 3.1, 3.2, 4.11
2 Identify, analyze, and articulate enablers and barriers to occupational performance for adults with disability, illness, and/or natural ageing across diverse contexts.	Empowered Problem solving	1.1, 1.2, 1.6, 2.1, 3.1, 3.2, 3.4
3 Select and apply evidence-based occupational therapy interventions to address occupational performance challenges experienced by adults with disability, illness, and/or natural ageing.	Empowered Problem solving	2.2, 3.1, 3.2, 3.3, 3.4, 3.5, 3.8, 3.13
4 Demonstrate clinical reasoning to justify and articulate intervention choices to enable occupation for adults with disability, illness, and/or natural ageing.	Knowledgeable Communication	1.5, 2.1, 2.2, 2.3, 3.1, 3.5, 3.8, 3.10, 4.11

* Competencies by Professional Body

CODE	COMPETENCY
OCCUPATIONAL THERAPY COUNCIL OF AUSTRALIA LTD	
1.1	Complies with the OTBA standards, guidelines and code of conduct
1.2	Adheres to legislation relevant to practice.
1.5	Practices in a culturally responsive and culturally safe manner, with particular respect to culturally diverse client groups.
1.6	Incorporates and responds to historical, political, cultural, societal, environmental and economic factors influencing health, wellbeing and occupations of Aboriginal and Torres Strait Islander Peoples.
2.1	Applies current and evidence informed knowledge of occupational therapy and other appropriate and relevant theory in practice.
2.2	Applies theory and frameworks of occupation to professional practice and decision-making.
2.3	Identifies and applies best available evidence in professional practice and decision-making.
2.5	Maintains current knowledge for cultural responsiveness to all groups in the practice setting.
2.9	Maintains knowledge of relevant resources and technologies.
3.1	Addresses occupational performance and participation of clients, identifying the enablers and barriers to engagement.
3.2	Performs appropriate information gathering and assessment while identifying a client's status and functioning, strengths, occupational performance and goals.
3.3	Collaborates with the client and relevant others to determine the priorities and occupational therapy goals.
3.4	Develops a plan with the client and relevant others to meet identified occupational therapy goals.

CODE	COMPETENCY
3.5	Selects and implements culturally responsive and safe practice strategies to suit occupational therapy goals and environment of the client.
3.8	Identifies and uses practice guidelines and protocols suitable to the practice setting or work environment.
3.10	Reviews, evaluates and modifies plans, goals and interventions with the client and relevant others to enhance or achieve client outcomes.
3.13	Uses appropriate assistive technology, devices and/or environmental modifications to achieve client occupational performance outcomes.
4.11	Identifies and articulates the rationale for practice to clients and relevant others.

5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1. Pre-requisites

Completed 192 units and enrolled in SC440

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

Not applicable

5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

6. How am I going to be assessed?

6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

6.2. Details of early feedback on progress

This course has been designed so that the workshops will provide you with opportunities to practice skills and applying knowledge relevant to every assessment. The learning activities within the workshops have been constructively aligned with both Tasks 2 and Task 3. Workshop 2 will provide you with opportunities to apply content learned to client scenario Case Studies and questions that relate to the Viva case analysis of Task 3.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Quiz/zes	Individual	0%	15 min	Throughout teaching period (refer to Format)	Online Test (Quiz)
All	2	Examination - not Centrally Scheduled	Individual	50%	90 minutes	Week 9	Online Assignment Submission with plagiarism check
All	3	Activity Participation	Individual	50%	20 min	Refer to Format	Exam Venue

All - Assessment Task 1: Quizzes

GOAL:	To check your knowledge and understanding of course content				
PRODUCT:	Quiz/zes				
FORMAT:	A Series of Kahoot-style quizzes in class time				
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1 1 Selection of correct options in an online test to demonstrate understanding of occupational performance goals and suitable intervention approaches.</td> <td>1</td> </tr> </tbody> </table>	No.	Learning Outcome assessed	1 1 Selection of correct options in an online test to demonstrate understanding of occupational performance goals and suitable intervention approaches.	1
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GENERIC SKILLS:	Communication, Problem solving, Information literacy				

All - Assessment Task 2: Case Study Exam

GOAL:	Articulate your knowledge of occupational therapy interventions to enable adults.						
PRODUCT:	Examination - not Centrally Scheduled						
FORMAT:	Case study exam. Long answer questions submitted online (checked using Turnitin)						
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1 1 Identification of appropriate occupational SMART goal, and the selection and description of occupational therapy intervention suitable to meet the goal</td> <td>2 3 4</td> </tr> <tr> <td>2 2 Transfer of knowledge and skills of occupational therapy interventions suitable for a specific client through the detailed intervention example and grading based on course content</td> <td>2 3 4</td> </tr> </tbody> </table>	No.	Learning Outcome assessed	1 1 Identification of appropriate occupational SMART goal, and the selection and description of occupational therapy intervention suitable to meet the goal	2 3 4	2 2 Transfer of knowledge and skills of occupational therapy interventions suitable for a specific client through the detailed intervention example and grading based on course content	2 3 4
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2 2 Transfer of knowledge and skills of occupational therapy interventions suitable for a specific client through the detailed intervention example and grading based on course content	2 3 4						
GENERIC SKILLS:	Communication, Problem solving, Organisation, Information literacy						

All - Assessment Task 3: Case Analysis Interview

GOAL:	Demonstrate clinical reasoning process in a case study scenario.	
PRODUCT:	Activity Participation	
FORMAT:	You will be provided with a case study which you will have time to analyse before presenting an overview summary and responding to a set of questions focusing on intervention planning. See Canvas for full details and schedule.	
CRITERIA:	No.	Learning Outcome assessed
	1 1 Knowledge of occupation and occupational performance in adulthood	1 2
	2 Knowledge of the service needs of adults	2 3
	3 Knowledge of common intervention approaches used with older people	3
	4 Application of intervention approaches and formulation of intervention to clinical cases	3
	5 Formulation of intervention plans for clinical cases	3 4
	6 Application of clinical reasoning to select and explain interventions that are appropriate for enabling occupation for adults	3 4
GENERIC SKILLS:	Communication, Problem solving, Organisation	

6.4. Assessment to competency mapping

PROGRAMME DELIVERY MODE	ASSESSMENT TYPE	TITLE	COMPETENCY	TEACHING METHODS
2020 AUSTRALIAN OCCUPATIONAL THERAPY COMPETENCY STANDARDS				
All delivery modes	Activity Participation	Case Analysis Interview	2.1	Taught, Practiced, Assessed
			2.2	Taught, Practiced, Assessed
			2.3	Taught, Practiced, Assessed
			2.8	Taught, Practiced, Assessed
			2.9	Practiced, Assessed
			3.1	Taught, Practiced, Assessed
			3.2	Taught, Practiced, Assessed
			3.5	Taught, Practiced, Assessed
			3.7	Taught, Practiced, Assessed
			3.8	Taught, Practiced, Assessed
			4.11	Taught, Practiced, Assessed
	Examination - not Centrally Scheduled	Case Study Exam	2.1	Taught, Practiced, Assessed
			2.2	Taught, Practiced, Assessed
			2.3	Taught, Practiced, Assessed
			2.9	Taught, Practiced, Assessed
			3.1	Taught, Practiced, Assessed
			3.2	Taught, Practiced, Assessed
			3.5	Taught, Practiced, Assessed
			3.8	Taught, Practiced, Assessed
			3.13	Taught, Practiced, Assessed
			4.11	Taught, Practiced, Assessed
Quiz/zes	Quizzes	2.1	Taught, Practiced, Assessed	
		2.9	Taught, Practiced, Assessed	
		3.8	Taught, Practiced, Assessed	

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	EDITION	PUBLISHER
Required	Bette R. Bonder, Vanina Dal Bello-Haas	2018	Functional Performance in Older Adults	4e	FA Davis

8.2. Specific requirements

Not applicable

9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

- (a) The final mark is in the percentage range 47% to 49.4%; and
- (b) The course is graded using the Standard Grading scale

Nil

10.3. Assessment: Submission penalties

Late submissions may be penalised up to and including the following maximum percentage of the assessment task's identified value, with weekdays and weekends included in the calculation of days late:

- (a) One day: deduct 5%;
- (b) Two days: deduct 10%;
- (c) Three days: deduct 20%;
- (d) Four days: deduct 40%;
- (e) Five days: deduct 60%;
- (f) Six days: deduct 80%;
- (g) Seven days: A result of zero is awarded for the assessment task.

The following penalties will apply for a late submission for an online examination:

- Less than 15 minutes: No penalty
- From 15 minutes to 30 minutes: 20% penalty
- More than 30 minutes: 100% penalty

10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: [07 5430 1168](tel:0754301168) or using the [SafeZone](#) app. For general enquires contact the SafeUniSC team by phone [07 5456 3864](tel:0754563864) or email safe@usc.edu.au.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call [07 5430 1226](tel:0754301226) or email studentwellbeing@usc.edu.au.

10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.10. General Enquiries

In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au