

# **COURSE OUTLINE**

# **PSY706** Practicum Placement 2

School: School of Health - Psychology

2024 Semester 2

**UniSC Sunshine Coast** 

BLENDED LEARNING Most of your course is on campus but you may be able to do some components of this course online.

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

# 1. What is this course about?

#### 1.1. Description

The UniSC postgraduate psychology programs are committed to maintaining the primacy of public safety in the delivery of the program within the education and placement environments. This course involves students enrolled in the Master of Psychology (Clinical) program undertaking their second practicum placement, working under supervision in the Psychology Clinic at the University for at least 250 hours. Core components of clinical and professional practice include interns undertaking professional, clinical and administrative duties related to the provision of psychological care of clients of the UniPsychology Clinic.

#### 1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Tutorial/Workshop 1 – Orientation workshop	2hrs	Week 1	Once Only
Placement – Minimum of 250 placement hours (including a minimum of 80 hours of direct client contact and 20 hours of direct clinical supervision).	250hrs	Week 1	Once Only

# 1.3. Course Topics

A placement orientation workshop will be delivered in week 1.

Following this, course learning outcomes and competencies will be developed through client work and supervision on placement in the UniSC psychology clinic.

# 2. What level is this course?

700 Level (Specialised)

Demonstrating a specialised body of knowledge and set of skills for professional practice or further learning. Advanced application of knowledge and skills in unfamiliar contexts.

# 3. What is the unit value of this course?

12 units

# 4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES  On successful completion of this course, you should be able to		GRADUATE QUALITIES MAPPING	PROFESSIONAL STANDARD MAPPING *  Australian Psychology Accreditation Council	
		Completing these tasks successfully will contribute to you becoming		
1	Demonstrate advanced knowledge, skills and competencies required to work as a clinical psychologist	Knowledgeable Engaged	3, 3.1, 3.2, 3.3, 3.4, 4.2.1.1, 4.2.1.2, 4.2.1.3, 4.2.1.4, 4.2.2, 4.2.2.1, 4.2.2.2, 4.2.2.3, 4.2.2.4, 4.2.3.1, 4.2.3.2, 4.2.3.3, 4.2.3.4	
2	Demonstrate advanced knowledge, skills and competencies in the design and implementation of clinical psychological interventions	Engaged	3.2, 3.4, 3.5, 3.6, 3.7, 3.9, 3.16, 4.2.2.3, 4.2.2.4, 4.2.3.1, 4.2.3.2, 4.2.3.3, 4.2.3.4	
3	Demonstrate competency and strong knowledge and skills in dealing professionally with clients and with other professionals	Engaged	3.8, 3.10, 3.11, 3.12, 3.13, 3.14, 3.15, 4.2.2.4, 4.2.3.3	
4	Demonstrate competency to communicate knowledge and skills effectively in writing and through oral presentation	Empowered	3.3, 3.8, 3.10, 3.11, 4.2.3.3	
5	Demonstrate strong knowledge of ethical, legal and professional aspects of psychological practice and understanding of using the APS Code of Ethics and its accompanying Guidelines, and other relevant sources, to resolve ethical questions	Ethical	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 3.9, 3.10, 3.11, 3.12, 3.13, 3.14, 3.15, 4.2.1.1, 4.2.1.2, 4.2.1.3, 4.2.1.4, 4.2.2.1, 4.2.2.2, 4.2.2.3, 4.2.2.4, 4.2.3.1, 4.2.3.2, 4.2.3.3, 4.2.3.4	
6	Demonstrate behaviour consistent with the legal requirements and code of conduct relevant to clinical psychologists.	Ethical	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 3.9, 3.10, 3.11, 3.12, 3.13, 3.14, 3.15, 4.2.1.1, 4.2.1.2, 4.2.1.3, 4.2.1.4, 4.2.2.1, 4.2.2.2, 4.2.2.3, 4.2.2.4, 4.2.3.1, 4.2.3.2, 4.2.3.3, 4.2.3.4	

# \* Competencies by Professional Body

CODE COMPETENCY

# AUSTRALIAN PSYCHOLOGY ACCREDITATION COUNCIL

- PROFESSIONAL COMPETENCIES: Graduates of programs at this level will have advanced knowledge and skills for professional practice and research in psychology. Programs for professional competencies are typically a Masters Degree (Coursework). Achievement of the professional graduate competencies is through a program of study which includes practice placement, with the latter designed to integrate theory and practice in an appropriate professional environment.
- 3.1 Taking into account the broad diversity of clients, and consistent with current relevant legal frameworks, mental health practice standards, occupational settings and codes of ethical practice, graduates apply psychological knowledge to competently and ethically demonstrate successful (prior or concurrent) achievement of pre-professional competencies.
- 3.2 Taking into account the broad diversity of clients, and consistent with current relevant legal frameworks, mental health practice standards, occupational settings and codes of ethical practice, graduates apply psychological knowledge to competently and ethically apply evidence-based and scientific methods to professional practice across the lifespan in empirically valid and culturally responsive ways.
- 3.3 Taking into account the broad diversity of clients, and consistent with current relevant legal frameworks, mental health practice standards, occupational settings and codes of ethical practice, graduates apply psychological knowledge to competently and ethically employ professional communication skills, in a culturally responsive manner, with a range of socially and culturally diverse clients.

# CODE COMPETENCY Taking into account the broad diversity of clients, and consistent with current relevant legal frameworks, mental health practice 3.4 standards, occupational settings and codes of ethical practice, graduates apply psychological knowledge to competently and ethically perform appropriate standardised psychological testing, as part of broader assessment, to assess and interpret aspects of functioning. 3.5 Taking into account the broad diversity of clients, and consistent with current relevant legal frameworks, mental health practice standards, occupational settings and codes of ethical practice, graduates apply psychological knowledge to competently and ethically identify psychological disorders using a recognised taxonomy. 3.6 Taking into account the broad diversity of clients, and consistent with current relevant legal frameworks, mental health practice standards, occupational settings and codes of ethical practice, graduates apply psychological knowledge to competently and ethically conduct professional interviews and assessments and synthesise information from multiple sources, including assessment of risk, to formulate a conceptualisation of the presenting issues to determine the most appropriate interventions. 3.7 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically monitor outcomes/modifications based on evolving case formulation, including health concerns, family/support networks, & organisational/cultural/community contexts, with care given to the appropriateness of interventions for the client. 3.8 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically interpret and communicate findings in oral and written formats, including formal psychological reports, using culturally appropriate language. 3.9 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically implement appropriate, empirically supported interventions, and monitor clients' progress and intervention outcomes. 3.10 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically demonstrate respect for the skills and contribution of other professionals. 3.11 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically work effectively with a range of professional and support staff in the workplace and communicate and collaborate effectively, within the bounds of ethical and legal requirements. 3.12 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically operate within the boundaries of their professional competence, consult with peers or other relevant sources where appropriate, and refer on to relevant other practitioners where appropriate. 3.13 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically rigorously apply professional practice policies and procedures, including as they relate to referral management and record-keeping, across a range of workplace settings and with recognition of different organisational cultures and practices. 3.14 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically engage in self-reflective professional practice, taking account of the impact of their own values and beliefs, and taking appropriate actions as a result. 3.15 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically evaluate the effectiveness of their professional practice, identifying areas for improvement and implementing changes where needed. 3.16 Taking into account the broad diversity of clients, & consistent with current relevant legal frameworks, mental health practice standards, occupational settings & codes of ethical practice, graduates apply psychological knowledge to competently and ethically critically evaluate contemporary scientific literature to inform practice. 4.2.1.1 Graduates apply advanced psychological knowledge of the following to their practice in clinical psychology: psychological theories of the aetiology, progression and/or recovery, precursors and sequelae of psychological disorders, including

incidence, prevalence and predisposing, risk, protective and maintenance factors

# 4.2.1.2 Graduates apply advanced psychological knowledge of the following to their practice in clinical psychology: both developmental systems and biopsychosocial models of health as they apply to psychological disorders as well as the multiple factors that impinge on mental health across the lifespan 4.2.1.3 Graduates apply advanced psychological knowledge of the following to their practice in clinical psychology: psychopathology and relevant international taxonomies of classification of psychological disorders, including severe, complex and chronic mental illness 4.2.1.4 Graduates apply advanced psychological knowledge of the following to their practice in clinical psychology: psychopharmacology, particularly as it relates to complex psychological disorders

- 4.2.2 Graduates apply advanced psychological knowledge to culturally responsive assessment in the area of clinical psychology, including:
- 4.2.2.1 Graduates apply advanced psychological knowledge to culturally responsive assessment in the area of clinical psychology, including: evaluation of psychological disorders with reference to relevant international taxonomies of classification, including disorders of moderate to severe level and complexity
- 4.2.2.2 Graduates apply advanced psychological knowledge to culturally responsive assessment in the area of clinical psychology, including: use of assessment tools and processes related to a wide range of psychological disorders, and including psychometric tests, structured or semi-structured interviews, behavioural observations, measures of functionality and processes that enable collection of collateral information from multiple sources, including groups and systems relevant to the client
- 4.2.2.3 Graduates apply advanced psychological knowledge to culturally responsive assessment in the area of clinical psychology, including: integration, interpretation, and synthesis of clinical psychological assessment data with the knowledge of psychopathology to inform case formulation, diagnosis and intervention
- 4.2.2.4 Graduates apply advanced psychological knowledge to culturally responsive assessment in the area of clinical psychology, including: evaluation of symptom reduction, therapeutic outcomes, the therapeutic alliance and client progress throughout therapy.
- 4.2.3.1 Graduates apply advanced psychological knowledge to culturally responsive interventions in the area of clinical psychology, including: selection, tailoring and implementation of appropriate evidence-based interventions on the basis of an initial case formulation, whether individuals, dyads or carers/dependents
- 4.2.3.2 Graduates apply advanced psychological knowledge to culturally responsive interventions in the area of clinical psychology, including: monitoring of outcomes and modifications based on evolving case formulation and intra- and interpersonal processes, with care given to the appropriateness of interventions for the client or clients within their wider context
- 4.2.3.3 Graduates apply advanced psychological knowledge to culturally responsive interventions in the area of clinical psychology, including: consultation and collaboration with other professionals regarding clinical planning and referrals, particularly in the context of complex case presentations
- 4.2.3.4 Graduates apply advanced psychological knowledge to culturally responsive interventions in the area of clinical psychology, including: evidence-based practice in the understanding and management of psychological disorders, including across the age range and across modalities such as e-health approaches.

# 5. Am I eligible to enrol in this course?

Refer to the UniSC Glossary of terms for definitions of "pre-requisites, co-requisites and anti-requisites".

5.1. Pre-requisites

PSY703 and enrolled in Program AR703

5.2. Co-requisites

PSY700

5.3. Anti-requisites

Not applicable

# 5.4. Specific assumed prior knowledge and skills (where applicable)

Knowledge of conducting and evaluating counselling and clinical interviewing, case conceptualisation and formulation, psychometric and clinical assessment, therapeutic interventions, appropriate written and verbal communication, professional, ethical and legal knowledge as they relate to clinical psychology

# 6. How am I going to be assessed?

# 6.1. Grading Scale

Limited Grading (PNP)

Pass (PU), Fail (UF). All assessment tasks are required to be passed for successful completion of the course.

# 6.2. Details of early feedback on progress

Early assessment of your progress in the course will primarily be provided by your supervisor(s), who will closely monitor your client work throughout the course of your practicum. Your mid placement review will provide formative feedback on competency development.

# 6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Placement performance	Individual	250 hours	Throughout teaching period (refer to Format)	To Supervisor
All	2	Practical / Laboratory Skills	Individual	3 hours	Exam Period	Exam Venue
All	3	Placement performance	Individual	*250 hours	Refer to Format	SONIA

# All - Assessment Task 1: Mid-placement review

GOAL:	Assessment of student progress towards meeting APAC comptencies				
PRODUCT:	Placement performance				
FORMAT:	The minimum 250 hours for this course consists of face-to-face client contact (80 hours minimum), clinical supervision (2 hours minimum) and other clinical activities. Casework involves providing assessment of and psychological treatment for UniSC Psychology Clinic clients, as well as engaging in weekly supervision meetings with your clinical supervisor/s. Prio to beginning supervised casework, you and your clinical supervisor will complete and sign a supervision contract stating the objectives for the placement including the range of activities to be covered and the skill base to be developed. This was be signed and approved by the course coordinator. You will complete a mid-practicum review with your supervisor. This review will identify areas of competency development and identify specific areas that may require further development prior to the final placement review.				
CRITERIA:	No.	Learning Outcome assessed			
	Evidence of high level professional communication skills with clients and other professionals. This includes being culturally responsive to the needs of a diverse range of clients, and operating within the bounds of ethical and legal requirements.	13456			
	Ability to undertake a comprehensive psychological assessment, including clinical interviews, appropriate standardised psychological testing, collateral data from multiple sources, and competent assessment of risk	1356			
	3 Ability to synthesise assessment data with relevant scientific literature and recognised diagnostic taxonomies to 1) identify psychological diagnosis and 2) develop a theory- driven psychological formulation that guides intervention.	12345			
	Evidence of effective implementation of appropriate empirically supported psychological interventions with a range of methods used to monitor and reflect on progress and outcomes.	023			
	Ability to engage in reflective practice- identifying and responding to the impact of own values and beliefs and showing awareness of areas of clinical skills in need of development.	166			
	6 Knowledge and rigorous application of relevant professional, legal, and ethical policies, codes, and legislation.	166			
GENERIC SKILLS:	Communication, Collaboration, Problem solving, Organisation, Applying technologies, Information li	teracy			

# All - Assessment Task 2: Objective Structured Clinical Examinations

GOAL:	To provide a summative assessment of course learning outcomes and APAC competencies to ensure that relevant competencies are met prior to progression to external placement.				
PRODUCT:	Practical / Laboratory Skills				
FORMAT:	Students to rotate between timed (20 minute) preparation/ assessment stations. Assessment stations will have a member of clinical staff present as an examiner who will score student performance using a structured rubric. Assessment stations will include: assessment planning, clinical interviewing, diagnosis and formulation, CBT skills, and risk assessment. These will be assessed using a combination of role plays and discussions with examiners.				
CRITERIA:	No.	Learning Outcome assessed			
	1 Evidence of high level communications skills. This includes the use of counselling microskills to effectively engage with a client.	134			
	2 Ability to plan and undertake a comprehensive psychological assessment, including clinical interviews, appropriate standardised psychological testing, collateral data from multiple sources, and competent assessment of risk.	1			
	Ability to synthesise assessment data with relevant scientific literature and recognised diagnostic taxonomies to 1) identify psychological diagnosis and 2) develop a theory-driven psychological formulation that guides intervention.	124			
	Demonstrated competence in delivering a CBT intervention strategy for a common mental health presentation.	12			
	Ability to engage in reflective practice - identifying the impact of own values and beliefs and showing awareness of gaps in own skills, and improvements that could be made to practice.	1			
GENERIC SKILLS:	Communication, Problem solving, Organisation, Information literacy				

#### All - Assessment Task 3: End placement review

GOAL:	Final assessment of student meeting core developmental competencies by end of clinical placement activity.				
PRODUCT:	The minimum 250 hours for this course consists of face-to-face client contact (80 hours minimum), clinical supervision (20 hours minimum) and other clinical activities. Casework involves providing assessment of and psychological treatment for UniSC Psychology Clinic clients, as well as engaging in weekly supervision meetings with your clinical supervisor/s. Prior to beginning supervised casework, you and your clinical supervisor will complete and sign a supervision contract stating the objectives for the placement including the range of activities to be covered and the skill base to be developed. This will be signed and approved by the course coordinator. You will complete a mid-practicum review with your supervisor. This review will identify areas of competency development and identify specific areas that may require further development prior to the final placement review.				
FORMAT:					
CRITERIA:	No.	Learning Outcome assessed			
	Evidence of high level professional communication skills with clients and other professionals. This includes being culturally responsive to the needs of a diverse range of clients, and operating within the bounds of ethical and legal requirements.	13456			
	Ability to undertake a comprehensive psychological assessment, including clinical interviews, appropriate standardised psychological testing, collateral data from multiple sources, and competent assessment of risk	2356			
	3 Ability to synthesise assessment data with relevant scientific literature and recognised diagnostic taxonomies to 1) identify psychological diagnosis and 2) develop a theory- driven psychological formulation that guides intervention.	12346			
	Evidence of effective implementation of appropriate empirically supported psychological interventions with a range of methods used to monitor and reflect on progress and outcomes.	123			
	Ability to engage in reflective practice- identifying and responding to the impact of own values and beliefs and showing awareness of areas of clinical skills in need of development.	156			
	6 Knowledge and rigorous application of relevant professional, legal, and ethical policies, codes, and legislation.	156			
GENERIC SKILLS:	Communication, Problem solving, Organisation				

# 7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

# 8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site—Please log in as soon as possible.

#### 8.1. Prescribed text(s) or course reader

There are no required/recommended resources for this course.

# 8.2. Specific requirements

Placement supervisors will recommend and share resources relevant to the client work being undertaken.

# 9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the online induction training for students, and following the instructions of the University staff.

# 10. What administrative information is relevant to this course?

#### 10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

#### 10.2. Assessment: Additional Requirements

Limited Graded Course:

This course will be graded as Pass in a Limited Grade Course (PU) or Fail in a Limited Grade Course (UF) as per clause 4.1.3 and 4.1.4 of the Grades and Grade Point Average (GPA) - Institutional Operating Policy of UniSC.

In a course eligible to use Limited Grades, all assessment items in that course are marked on a Pass/Fail basis and all assessment tasks are required to be passed for a student to successfully complete the course. Supplementary assessment is not available in courses using Limited Grades.

#### 10.3. Assessment: Submission penalties

You must contact your Course Coordinator and provide the required documentation if you require an extension or alternate assessment.

#### 10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: <a href="mailto:0754301168">0754301168</a> or using the <a href="mailto:SafeZone">SafeZone</a> app. For general enquires contact the SafeUniSC team by phone <a href="mailto:0754563864">0754563864</a> or email <a href="mailto:safe@usc.edu.au">safe@usc.edu.au</a>.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call <u>07 5430 1226</u> or email <u>studentwellbeing@usc.edu.au</u>.

#### 10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the <u>Learning Advisers</u> web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or <u>studentcentral@usc.edu.au</u>.

#### 10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to Student Hub, email studentwellbeing@usc.edu.au or call 07 5430 1226.

# 10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, AccessAbility Services can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to Student Hub, email AccessAbility@usc.edu.au or call 07 5430 2890.

#### 10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- · Students with a Disability

For more information, visit https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching

#### 10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The <u>Student Charter</u> sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

#### 10.10.General Enquiries

#### In person:

- UniSC Sunshine Coast Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- · UniSC Moreton Bay Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- o UniSC SouthBank Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- o UniSC Gympie Student Central, 71 Cartwright Road, Gympie
- o UniSC Fraser Coast Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- UniSC Caboolture Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au