

SPX300

Exercise Science Professional Practicum

School: School of Health - Sport and Exercise Science

2026 | Trimester 1

UniSC Sunshine Coast
UniSC Moreton Bay

BLENDED
LEARNING

Most of your course is on campus but you may be able to do some components of this course online.

Please go to usc.edu.au for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

This is a third-year course in the Bachelor of Sport & Exercise Science and Bachelor of Clinical Exercise Physiology programs. By working with healthy populations, you will demonstrate exercise science skills of exercise assessment, prescription, and delivery which are reflected in the Exercise Science Standards. The 140 Hours are completed at on-campus and off-campus sites. To facilitate completion of placement hours face-to-face classes (tutes/ workshop, Labs) starting in OWeek.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
BLENDED LEARNING			
Tutorial/Workshop 1 – You will have one workshop in O week (introduction class)- 2hours, week 3 (learning plan)- 1hour, week 4 (review of Ax's)- 1hour and one workshop in week 8 (discussing submission)- this may be moved to your debrief time.	2hrs	Orientation week	4 times
Laboratory 1 – You will have 5 labs. Each lab will run between 2 hour to 3 hours long. Three will be in Oweek, two will be in week 1 and week 2. Some labs may be timetabled back to back.	3hrs	Orientation week	5 times
Placement – You usually attend three placements through the trimester: Simulated learning, the Health and Fitness (H&F) Clinic and an external industry placement. Your simulated learning placement is offered in week 1. Your H&F placement is a 6 week block in wk2 to wk7 or wk7 to wk12. Your External placement may run from week 1 to wk 12 but this is dependent on the external site so we ask you are available for placement from wk 1 to wk 12. Frequency of hrs depends on the site.	140hrs	Orientation week	Once Only

1.3. Course Topics

You will have one tutorial/workshop to introduce the course, 5 workshops around preparing you for placement in exercise assessment, exercise prescription and exercise delivery skills, 2 educational tutorials discussing assessment items, and a final tutorial/workshop to finalise the course and discuss submission. Your placement experience through trimester will involve approximately three placements: simulated learning, the Health and Fitness program and your external placement.

2. What level is this course?

300 Level (Graduate)

Demonstrating coherence and breadth or depth of knowledge and skills. Independent application of knowledge and skills in unfamiliar contexts. Meeting professional requirements and AQF descriptors for the degree. May require pre-requisites where discipline specific introductory or developing knowledge or skills is necessary. Normally undertaken in the third or fourth full-time study year of an undergraduate program.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES MAPPING	PROFESSIONAL STANDARD MAPPING *
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...	Exercise and Sports Science Australia
1 Evaluate and apply professional skills to deliver exercise science services in collaboration with clients and other healthcare professionals.	Empowered Collaboration	1.2.1, 1.2.2, 1.2.6
2 Integrate evidence and theoretical knowledge to assess, prescribe, and deliver exercise interventions for individuals.	Empowered	2.2.1, 2.2.5, 2.2.6, 4.2.10
3 Critically reflect on professional practice to enhance self-awareness, social responsibility, and professional development within professional exercise science work settings.	Ethical Organisation	1.2.1, 1.2.7
4 Adhere to ethical, legal, and professional standards of practice according to the Exercise and Sports Science Australia Code of Professional Conduct and Ethical Practice and UniSC Student Placement Code of Conduct.	Ethical	1.2.1, 1.2.2, 1.2.4, 1.2.7
5 Practice cultural safety when communicating information, advice, and professional opinions effectively and appropriately to individuals and health professionals.	Ethical Communication	1.2.3, 1.2.3, 1.2.5, 1.2.6
6 Design and select appropriate equipment including technology, to implement, monitor, and evaluate client-centred exercise and lifestyle interventions in-person and through tele-practice service.	Empowered Applying technologies	3.2.6, 3.2.8, 4.2.1, 4.2.10, 4.2.11, 4.2.2, 4.2.3, 4.2.8

* Competencies by Professional Body

CODE	COMPETENCY
EXERCISE AND SPORTS SCIENCE AUSTRALIA	
1.2.1	Apply knowledge and skills in a variety of professional exercise science work settings.
1.2.2	Support clients to meet their goals through the integration and application of the exercise science sub-discipline standards.
1.2.6	Practise collaboratively and effectively with other professionals, including seeking feedback and input to inform decision-making, delegating tasks, and referring to other professionals and services where appropriate.

CODE	COMPETENCY
1.2.7	Develop reflective practices through self-reflection, seeking and engaging with feedback from colleagues and clients, critically evaluating service delivery and outcomes, and engaging in ongoing learning.
1.2.4	Practice with integrity within the scope of training for an Exercise Scientist and the ESSA Code of Professional Conduct and Ethical Practice.
1.2.3	Differentiate and select verbal and non-verbal communication strategies that are contextually appropriate, timely, accessible, and respectful to clients, population groups, and relevant others.
1.2.5	Practise in a culturally safe, inclusive, sensitive, respectful, and responsive way and according to person-centred care principles.
2.2.1	Integrate knowledge of anatomy, physiology, pathophysiology, and other determinants of health and function and apply these to inform safe and effective movement, physical activity, and exercise-based interventions for individuals and population groups throughout all stages of their life.
2.2.5	Evaluate research findings and apply exercise prescription principles to develop recommendations and interventions, including targeted exercise prescription for the purposes of optimising health status, function, recovery, independence, and participation.
2.2.6	Apply clinical, ethical, and evidence-based decision-making to formulate appropriate interventions and recommendations and communicate the expected outcomes.
3.2.6	Communicate appropriate client support strategies to facilitate in-person and telepractice/telehealth service delivery which considers client needs, preferences, health and digital literacy, and accessibility factors.
3.2.8	Choose and use relevant technology and equipment efficiently, effectively, and safely.
4.2.10	Design and deliver evidence-based, exercise-based interventions and apply behavioural strategies that meet the needs and preferences of clients.
4.2.1	Formulate evidence-based exercise prescription, interventions, and recommendations that address health and treatment related client needs, preferences, goals, and abilities, assessment findings, and social and cultural determinants of health.
4.2.11	Select and apply appropriate technology to support in-person and telepractice service delivery.
4.2.2	Design, prescribe, deliver, and monitor safe and effective movement, physical activity, and exercise-based interventions for clients with complex presentations, including those with acute and chronic health conditions and multiple comorbidities.
4.2.3	Analyse a broad range of exercise modalities and select appropriate exercises and equipment to suit the needs and abilities of clients including consideration of social determinants of health.
4.2.8	Evaluate effectiveness of interventions and their outcomes including the selection, interpretation, and reporting of outcome measures to inform future practice.

5. Am I eligible to enrol in this course?

Refer to the [UniSC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1. Pre-requisites

SPX121 and SPX203 and SPX221 and SPX222 and enrolled in Program SC344, or SC304. Mandatory requirements are required to be submitted to SONIA for this course at least 5 months before trimester commences. To be eligible to attend a manual enrolment meeting with the Course coordinator all mandatories are required to submitted and approved.

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

Not applicable

5.4. Specific assumed prior knowledge and skills (where applicable)

It is assumed that you will familiarise yourself with the industry peak body-Exercise and Sports Science Australia with the (ESSA) and the requirements of membership as an Exercise Scientist and Accreditation. This information can be found on the ESSA website www.essa.org.au

6. How am I going to be assessed?

6.1. Grading Scale

Limited Grading (PNP)

Pass (PU), Fail (UF). All assessment tasks are required to be passed for successful completion of the course.

6.2. Details of early feedback on progress

Formative feedback will be provided during the interim supervisor assessment. Students are required to schedule the interim supervisor assessment to discuss their placement goals, progress on placement, and to discuss their supervisors' feedback on their placement performance to date. The interim supervisor assessment will provide students with early feedback on their academic progress and help identify any additional support the clinical educator can provide throughout placement. The interim supervisor assessment will be facilitated by the clinical educator in person or via a Teams, where appropriate.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Code of Conduct	Individual	For the duration of the placement course	Refer to Format	SONIA
All	2	Portfolio	Individual	For the duration of the placement course	Refer to Format	Online ePortfolio Submission
All	3	Practical / Laboratory Skills	Individual	During pre-placement practical	Refer to Format	In Class

All - Assessment Task 1: Placement Code of Conduct

GOAL:	This task enables you to become familiar with and demonstrate the requisite professional behaviours captured in the Code of Conduct for your discipline and work environment.		
PRODUCT:	Code of Conduct		
FORMAT:	<p>Whilst completing placement in SPX300, students are expected to abide by the UniSC Placement Code of Conduct and professional standards outlined by Exercise and Sports Science Australia (ESSA).</p> <p>Failure to abide by the Placement Code of Conduct or professional standards may result in a fail (FU) grade for your placement course and withdrawal from placement (as per the UniSC Workplace and Industry Placement procedures).</p> <p>Submission: A signed Placement Code of Conduct and student agreement submitted before the completion of Orientation week (O-week).</p>		
CRITERIA:	<p>No.</p> <p>1 (a) Behaviour in accordance with the discipline code of conduct, in a professional setting (ES Graduate attribute 5)</p> <p>2 (b) Participation in a performance review to improve professional practice (ES Graduate attribute 5)</p> <p>3 (c) Completion of allocated placement block in an approved professional organisation (ES Graduate attributes 5)</p>		
GENERIC SKILLS:	Communication, Collaboration, Problem solving, Organisation, Information literacy		

All - Assessment Task 2: Placement Performance

GOAL:	You will demonstrate your competency towards developing the skills expected of a graduate-ready Exercise Scientist. A key element of this assessment will be the compilation of documents in the form of an 'ePortfolio', which demonstrates your competency, and the professional attributes set by ESSA.
PRODUCT:	Portfolio

FORMAT:	<p>ESSA has identified several core 'Professional Attributes' and skills that are fundamental to graduates seeking accreditation as Exercise Scientists.</p> <p>Your placement portfolio will capture these professional attributes and skills, evidencing your journey and performance on placement. You will complete this portfolio for each Exercise Science placement site where you gain hours (usually x1 site for most students).</p> <p>The Practicum Portfolio will include the following components:</p>
	<p>a) Learning Plan:</p>
	<p>You will complete a learning plan for SPX300 in collaboration with your course coordinator or clinical educator. Your learning plan (including your placement goals) will be reviewed throughout placement in collaboration with your placement supervisor/s.</p>
	<p>Submission: Submitted by the end of the first week of placement OR upon 12 hours of placement, whichever occurs first.</p>
	<p>b) Placement Progress Assessment (Interim Supervisor Feedback, Learning Plan Review and Interim Logbook Feedback):</p>
	<p>An interim supervisor feedback meeting will be completed between you and your external placement supervisor and mediated by your clinical educator upon accrual of 50 to 60 hours of placement. During this meeting you will discuss your learning plan progress and interim supervisor feedback to help you meet the Exercise Science competencies in preparation for your final placement performance assessment. Following this meeting, you will update your Learning Plan. You are to complete one interim supervisor feedback meeting for each external placement. In preparation for this meeting, your logbook will be reviewed by your clinical educator after you have accrued 20-30 hours, to ensure your hours are categorised correctly and to confirm your placement site activities of exercise assessment, exercise prescription, exercise delivery and any other related ES hours.</p>
	<p>Submission:</p>
	<p>Logbook- You will submit your logbook for review by your clinical educator after you have accrued 20- 30 hours, prior to your interim assessment. Your logged hours will be discussed at your interim assessment. You will receive feedback from your clinical educator on your logbook, which must be addressed.</p>
	<p>Interim Supervisor feedback- Facilitated by your clinical educator. No submission is required by you. You are required to coordinate and book a time for the interim assessment meeting upon accrual of approximately 50 to 60 hours of placement. The interim assessment should be booked with you, and your external placement supervisor, and clinical educator in attendance.</p>
	<p>Updated learning plan- Following interim feedback, you will update and re-submit your learning plan.</p>
	<p>c) Final placement performance Assessment (Final Supervisor Feedback, Final Logbook and Reflection):</p>
	<p>In the last week of placement, your external placement supervisor will complete their Final Supervisor Feedback, providing you with feedback across your placement. You will also complete a brief reflection concluding your learning plan and you will finalise your logbook, including your final hours. Your logbook must be completed and available for your supervisor to view and verify.</p>
	<p>Submission:</p>
	<p>Final Supervisor feedback- You are required to remind your supervisors of the final feedback assessment at least 7 business days prior to the completion of your placement. The final supervisor feedback assessment must be completed before the completion of your placement.</p>
	<p>Logbook- Your placement logbook is to be finalised and available for review at request by your supervisor and finalised to standard on the last day of placement. Your final logbook, including all 140 ES hours, is due to be submitted on the last day of placement to the SONIA placement manager. Feedback from clinical educators must be addressed before the completion of placement to receive a pass grade for your logbooks. A satisfactory level on SONIA is classified as having all logbook entries "Approved" by the completion of your placement.</p>
	<p>Reflection- A draft, unsigned copy of your reflection, reporting on your learning plan progress and stating your final hours is due 1 business day after completing your placement. Your clinical educator will provide you with feedback where appropriate for action. Following this feedback, students are required to obtain their placement supervisor's signature to verify their placement hours. A final verified/ signed copy of your reflection is due 3 business days after completing your placement.</p>

CRITERIA:	No.	Learning Outcome assessed
	1 Engage clients to facilitate exercise and health lifestyle management that is client centred (ES Graduate attribute 6)	1 2 4 5 6
	2 Referring on where required (ES Graduate attribute 4)	1 3 4 5
	3 Where required engage the health care team to collaboratively provide client care (ES Graduate attribute 3 and 4)	1 4 5
	4 Identifies the roles of the team (ES Graduate attribute 4)	3 4 5 6
	5 Commitment to reflective practice, professional development and lifelong learning (ES Graduate attribute 7)	3 4
	6 Applies evidence and theory to provide exercise intervention and education (ES Graduate attribute 1,2, 3, 6)	2 4 5 6
	7 Collects, Assesses and interprets relevant client information to prioritize exercise and lifestyle goals (ES Graduate attribute 2, 6).	1 2 4 6
	8 Designs, implements, monitors and evaluates exercise prescription (ES Graduate attribute 2).	1 2 4 6
GENERIC SKILLS:	Communication, Collaboration, Problem solving, Organisation, Information literacy	

All - Assessment Task 3: Tele-practice practical exam

GOAL:	Demonstrate technology selection, communication strategies and modifications suited to the remote delivery of exercise	
PRODUCT:	Practical / Laboratory Skills	
FORMAT:	Students will be assessed on their ability to select and apply appropriate technology to deliver safe and effective exercise via tele-practice, in practical examination with a peer. Students will be provided with a brief case of a client of varied socioeconomic status, technology literacy and access, and will be required to select and justify their choice of technology suited to the client. Students will also be required to demonstrate their competency in application of a telehealth session using a recognised telehealth technology (e.g., video delivery/ conferencing), including professional, safe and effective delivery.	
Submission:	This assessment of competency will occur at the beginning of the practicum during a practical where students will select and deliver a component of service via tele-practice. Students will be marked as competent once they can complete all components of this task to a satisfactory level.	
CRITERIA:	No.	Learning Outcome assessed
	1 Demonstrates effective communication within a tele-practice scenario. 2 Delivers safe and effective exercise to a client using a tele-practice modality (e.g., video-delivery) 3 Selects appropriate service technology and exercise modalities, and modifications according to a client's history and background.	1 6 6
GENERIC SKILLS:	Communication, Problem solving, Applying technologies, Information literacy	

6.4. Assessment to competency mapping

PROGRAMME DELIVERY MODE	ASSESSMENT TYPE	TITLE	COMPETENCY	TEACHING METHODS
ESSA ACCREDITED EXERCISE PHYSIOLOGIST PROFESSIONAL STANDARDS 2021				
All delivery modes	Code of Conduct	Placement Code of Conduct	1.2.1	Taught, Assessed
			1.2.2	Taught, Assessed
			1.2.7	Taught, Assessed
	Portfolio	Placement Performance	1.2.1	Practiced, Assessed
			1.2.2	Practiced, Assessed
			1.2.3	Practiced, Assessed
			1.2.5	Practiced, Assessed
			1.2.6	Practiced, Assessed
			1.2.7	Practiced, Assessed
	Practical / Laboratory Skills	Tele-practice practical exam	2.2.1	Practiced, Assessed
			2.2.5	Practiced, Assessed
			2.2.6	Practiced, Assessed
			1.2.6	Practiced, Assessed
			3.2.6	Taught, Practiced, Assessed
			3.2.8	Taught, Practiced, Assessed
All delivery modes	Code of Conduct	Placement Code of Conduct	4.2.1	Practiced, Assessed
			4.2.2	Practiced, Assessed
			4.2.8	Practiced, Assessed
		Placement Performance	1.2.1	Practiced, Assessed
			1.2.4	Practiced, Assessed
			1.2.7	Practiced, Assessed
			1.2.1	Practiced, Assessed
			1.2.2	Practiced, Assessed
			1.2.3	Practiced, Assessed
			1.2.4	Practiced, Assessed
	Practical / Laboratory Skills	Tele-practice practical exam	1.2.7	Practiced, Assessed
			4.2.10	Practiced, Assessed
			1.2.1	Practiced, Assessed
			1.2.2	Practiced, Assessed
			4.2.11	Practiced, Assessed
			1.2.1	Practiced, Assessed

PROGRAMME DELIVERY MODE	ASSESSMENT TYPE	TITLE	COMPETENCY	TEACHING METHODS
ESSA ACCREDITED EXERCISE SCIENTIST PROFESSIONAL STANDARDS 2020				
All delivery modes	Code of Conduct	Placement Code of Conduct	1.2.1	Practiced, Assessed
			1.2.4	Practiced, Assessed
			1.2.7	Practiced, Assessed
	Portfolio	Placement Performance	1.2.1	Practiced, Assessed
			1.2.2	Practiced, Assessed
			1.2.3	Practiced, Assessed
			1.2.4	Practiced, Assessed
			1.2.7	Practiced, Assessed
			4.2.10	Practiced, Assessed
	Practical / Laboratory Skills	Tele-practice practical exam	1.2.1	Practiced, Assessed
			1.2.2	Practiced, Assessed
			4.2.11	Practiced, Assessed
			1.2.1	Practiced, Assessed

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Student workload is calculated at 12.5 learning hours per one unit.

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Canvas site— Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

There are no required/recommended resources for this course.

8.2. Specific requirements

To be eligible for enrolment in SPX300, you must first submit all mandatory requirements by the due date. Following this deadline, a manual enrolment meeting will be scheduled to finalise your enrolment into the course.

You must submit your mandatories by September in the year prior to trimester one enrolment, and April before trimester two commences. Mandatory information can be found on SONIA online- select Sport & Exercise Science, and/or the UniSC website under Sport and Exercise Science/ Clinical Exercise Science- 'Placements' (SPX300).

The steps involved in enrolment are the following and can take some time, so you must commence this process August/ September the year prior to trimester one enrolment and March/ April before trimester two commences:

1. You will need to access SONIA Online

2. Register your interest in SPX300

3. Complete your pre-enrolment Mandatory Requirements

Follow the prompts to the Mandatory Buttons for Blue Card, CPR and First Aid so you are eligible for an enrolment meeting. Please note your Student Placement Agreement and PrePlace will not be available to complete until after you have been enrolled.

4. Once all the required course mandatories are uploaded to SONIA, email shssplacements@usc.edu.au to confirm your eligibility to enrol into SPX300

5. If you are eligible, you will receive an email asking you to select a group meeting time to finalise your enrolment

Assessment Criteria

You will receive whole class generic guidelines on the structure and content of your assessment items including your log books. They will be consistent with the standards required for submission to Exercise and Sport Science Australia (ESSA) and the university. You will be required hold your logbook to this standard whilst on placement. This will also be discussed further in the first tutorial/ class.

All placement hours must be completed through the SPX300 university placement course as it embeds important ESSA accreditation requirements. Any placement hours completed outside formal enrolment in SPX300 will not count towards completion of the course.

UniSC may give recognition of prior learning (RPL) to students who have transferred from another university after completing an equivalent placement subject (AQF7)+ accompanying equivalent assessment tasks, but this is dependent on assessment and approval by the SPX300 Course Coordinator and degree Program Lead. RPL may be applied for by contacting Student Central.

This course includes an assessment of a professional competency task deemed necessary to meet the Exercise and Sports Science Australia (ESSA) Professional Standards. Therefore, your attendance and participation in practicals/laboratory's, tutorials and attendance at your placement site is required. Feedback will be provided to you during each of your classes and at your placement site and will provide you with support and guidance to become competent in the ESSA Professional Standards addressed in this course. For any work that is missed you will need to demonstrate to your course provider that you have covered the required material. This will usually take the form of a detailed summary and reflection of the directed study activities and practical skills for the missed class or placement.

9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Canvas, are electronically checked through Turnitin. This software allows for text comparisons to be made between your submitted assessment item and all other work to which Turnitin has access.

10.2. Assessment: Additional Requirements

This course will be graded as Pass in a Limited Grade Course (PU) or Fail in a Limited Grade Course (UF) as per clause 5.1.1.3 and 5.1.1.4 of the Grades and Grade Point Average (GPA) - Academic Policy.

In a course eligible to use Limited Grades, all assessment items in that course are marked on a Pass/Fail basis and all assessment tasks are required to be passed for a student to successfully complete the course. Supplementary assessment is not available in courses using Limited Grades.

This course includes an assessment of a professional competency task deemed necessary to meet the Exercise and Sports Science Australia (ESSA) Professional Standards. Therefore, your attendance and participation in practicals/laboratory's, tutorials and attendance at your placement site is required. Feedback will be provided to you during each of your classes and at your placement site and will provide you with support and guidance to become competent in the ESSA Professional Standards addressed in this course. For any work that is missed you will need to demonstrate to your course provider that you have covered the required material. This will usually take the form of a detailed summary and reflection of the directed study activities and practical skills for the missed class or placement.

It is important to note your External placement may run concurrent with the internal UniSC Health and Fitness clinic and may not run consecutive following the Health and Fitness clinic.

10.3. Assessment: Submission penalties

You must contact your Course Coordinator and provide the required documentation if you require an extension or alternate assessment.

Refer to the Assessment: Courses and Coursework Programs – Procedures.

10.4. SafeUniSC

UniSC is committed to a culture of respect and providing a safe and supportive environment for all members of our community. For immediate assistance on campus contact SafeUniSC by phone: [07 5430 1168](#) or using the [SafeZone](#) app. For general enquires contact the SafeUniSC team by phone [07 5456 3864](#) or email safe@usc.edu.au.

The SafeUniSC Specialist Service is a Student Wellbeing service that provides free and confidential support to students who may have experienced or observed behaviour that could cause fear, offence or trauma. To contact the service call [07 5430 1226](#) or email studentwellbeing@usc.edu.au.

10.5. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.6. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.7. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.8. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Central Examinations
- Deferred Examinations
- Student Conduct
- Students with a Disability

For more information, visit <https://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.9. Student Charter

UniSC is committed to excellence in teaching, research and engagement in an environment that is inclusive, inspiring, safe and respectful. The [Student Charter](#) sets out what students can expect from the University, and what in turn is expected of students, to achieve these outcomes.

10.10.General Enquiries

In person:

- **UniSC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **UniSC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **UniSC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **UniSC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **UniSC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **UniSC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au